

**CAMPIONAT GIRONÍ DE RELLEUS  
PALAFRUGELL  
5 DE MARÇ DE 2011**

**PROVA                    4 X 60 AF**

| <b>LLOC</b> | <b>MARCA</b> | <b>DORSAL</b> | <b>ATLETA</b>         | <b>CAT</b> | <b>ANY</b> | <b>LLICÈNCIA</b> | <b>CLUB</b> |
|-------------|--------------|---------------|-----------------------|------------|------------|------------------|-------------|
| 1           | 40.56        | 128           | MELENDEZ MORALES,ANNA | AF         | 00         | CL57795          | GEIEG       |
|             |              | 116           | CLOPES RIGAU,ANNA     | AF         | 00         | CL57785          | GEIEG       |
|             |              | 105           | FELIU PARAREDA,MARTA  | AF         | 00         | CL54934          | GEIEG       |
|             |              | 443           | RIBAS CALM,MARIA      | BF         | 01         | CL57803          | GEIEG       |

**PROVA                    4 X 60 BF**

| <b>LLOC</b> | <b>MARCA</b> | <b>DORSAL</b> | <b>ATLETA</b>          | <b>CAT</b> | <b>ANY</b> | <b>LLICÈNCIA</b> | <b>CLUB</b> |
|-------------|--------------|---------------|------------------------|------------|------------|------------------|-------------|
| 1           | 50.14        | 106           | CASTELLS,NATALIA       | BF         | 03         | 0                | VENTALLÓ    |
|             |              | 438           | SERRA SALA, ANNA       | BF         | 03         | 0                | VENTALLÓ    |
|             |              | 440           | GASULL MASDEVALL, EMMA | BF         | 03         | 0                | VENTALLÓ    |
|             |              | 441           | PONS LLOVERA, ESTEL    | BF         | 03         | 0                | VENTALLÓ    |

**CAMPIONAT GIRONÍ DE RELLEUS  
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PROVA                      4 X 80 IF

| LLOC | MARCA | DORSAL | ATLETA                    | CAT | ANY | LLICÈNCIA | CLUB     |
|------|-------|--------|---------------------------|-----|-----|-----------|----------|
| 1    | 46.7  | 64     | MASSA PIRES,ANNA          | IF  | 98  | CL50885   | GICB-CAP |
|      |       | 71     | TALHI , SOKAYNA           | IF  | 98  | CL50887   | GICB-CAP |
|      |       | 70     | DAOUIRI , CHAYMAE         | IF  | 98  | CL53731   | GICB-CAP |
|      |       | 75     | PONSI VILA,MARIA          | IF  | 98  | CL56484   | GICB-CAP |
| 2    | 48.5  | 134    | AYATS MARTINEZ, PAULA     | IF  | 98  | CL54932   | GEIEG    |
|      |       | 49     | CLOPÉS RIGAU,MARIA        | IF  | 98  | CL57786   | GEIEG    |
|      |       | 234    | COLL GONZALEZ, EMMA       | IF  | 98  | CL54655   | GEIEG    |
|      |       | 145    | FRADERA CASTELLO,BET      | IF  | 99  | CL54935   | GEIEG    |
| 3    | 49.1  | 401    | DO CARMO,SARA             | IF  | 98  | 0         | VENTALLÓ |
|      |       | 402    | AYUSTÉ, LÍDIA             | IF  | 98  | 0         | VENTALLÓ |
|      |       | 109    | JOSECH,MARIONA            | IF  | 99  | 0         | VENTALLÓ |
|      |       | 111    | BATET,MAR                 | IF  | 98  | 0         | VENTALLÓ |
| FC   | 49.6  | 8      | MAJO RAFOLS,MARTINA       | IF  | 99  | CL58298   | CNB      |
|      |       | 7      | MOLAS RODRÍGUEZ, MIREIA   | IF  | 99  | CL53340   | CNB      |
|      |       | 28     | ESTANGA MASSAGUER, NAIARA | IF  | 98  | CL50509   | CNB      |
|      |       | 15     | PÜELL GIRONÉS,JÚLIA       | CF  | 96  | CL50513   | CNB      |

PROVA                      4 X 80 IM

| LLOC | MARCA | DORSAL | ATLETA                      | CAT | ANY | LLICÈNCIA | CLUB     |
|------|-------|--------|-----------------------------|-----|-----|-----------|----------|
| 1    | 50.2  | 100    | CASTELLS,RAMON              | IM  | 99  | 0         | VENTALLÓ |
|      |       | 99     | GIRARDI,XAVIER              | IM  | 98  | 0         | VENTALLÓ |
|      |       | 96     | SALVI PUIGVERT,JOAN         | AM  | 00  | 0         | VENTALLÓ |
|      |       | 97     | SEY,LAYIN                   | IM  | 99  | 0         | VENTALLÓ |
| 2    | 51.8  | 382    | EL MAZANI,MOHAMED           | IM  | 99  | CL61117   | GICB-CAP |
|      |       | 442    | MAHBOUB EL HAMDOUNI,ANNASSE | IM  | 99  | CL58437   | GICB-CAP |
|      |       | 444    | EL KRICHI, MOURAD           | IM  | 98  | TRÀMIT    | GICB-CAP |
|      |       | 65     | EL OUADI EL BAKHTI,SABER    | IM  | 98  | CL61066   | GICB-CAP |

**CAMPIONAT GIRONÍ DE RELLEUS  
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**PROVA 4 X 100 CADET M**

| LLOC | MARCA | DORSAL | ATLETA                         | CAT | ANY | LLICÈNCIA | CLUB     |
|------|-------|--------|--------------------------------|-----|-----|-----------|----------|
| 1    | 51.14 | 458    | ALIMOU DIALLO, MAMADOU         | CM  | 97  | CL57780   | GEIEG    |
|      |       | 136    | MAKHFAOUI, JABIR               | CM  | 96  | CL54948   | GEIEG    |
|      |       | 293    | MAKHFAOUI, JOUBAIR             | CM  | 96  | CL54949   | GEIEG    |
|      |       | 146    | FRADERA CASTELLO, PEP          | CM  | 97  | CL54946   | GEIEG    |
| 2    | 58.67 | 447    | BOUCHRETE, BILAL               | CM  | 97  | CL61119   | GICB-CAP |
|      |       | 445    | BENITEZ JOANA, DANI            | CM  | 96  | CL61318   | GICB-CAP |
|      |       | 73     | EL OUADI EL BAKHTI, ABDELLATIF | CM  | 97  | CL61116   | GICB-CAP |
|      |       | 446    | DICHA, YOUNESS                 | CM  | 96  | CL61319   | GICB-CAP |
| 3    | 59.10 | 19     | ROCA DE LA CUEVA, MARTI        | CM  | 97  | CL50508   | CNB      |
|      |       | 370    | BOIX PUIGDEVALL, DAVID         | CM  | 96  | CL60605   | CNB      |
|      |       | 457    | VARGAS CASTANYER, GUILLEM      | CM  | 96  | CL60606   | CNB      |
|      |       | 20     | FELEZ CALDES, RAMON            | CM  | 96  | CL58295   | CNB      |

**PROVA 4 X 100 CADET I ABSOLUT M**

| LLOC | MARCA | DORSAL | ATLETA                    | CAT | ANY | LLICÈNCIA | CLUB     |
|------|-------|--------|---------------------------|-----|-----|-----------|----------|
| 1    | 47.63 | 452    | AIZPUN GARRIDO, JOHN IKER | JM  | 93  | CT18110   | GICB-CAP |
|      |       | 363    | JOFRA CASTELLS, MIQUEL    | JM  | 92  | CT17163   | GICB-CAP |
|      |       | 63     | DURAN SIDERA, ADRIA       | LM  | 94  | CT17850   | GICB-CAP |
|      |       | 453    | PRADA DE GENOVER, PAU     | JM  | 93  | CT19178   | GICB-CAP |
| 2    | 51.05 | 476    | ALMENDROS GONZALEZ, PEDRO | LM  | 94  | CT18844   | GICB-CAP |
|      |       | 475    | AGROU, AYOUB              | LM  | 94  | CT20160   | GICB-CAP |
|      |       | 287    | CASADEVALL PUIG, ALBERT   | VM  | 72  | CT14618   | GICB-CAP |
|      |       | 437    | PLANTALECH CASALS, EUDALD | LM  | 94  | CT19075   | GICB-CAP |

**PROVA 4 X 100 CADET F**

| LLOC | MARCA | DORSAL | ATLETA                        | CAT | ANY | LLICÈNCIA | CLUB     |
|------|-------|--------|-------------------------------|-----|-----|-----------|----------|
| 1    | 55.33 | 450    | VARELA CANEVAS, SAINZA        | CF  | 96  | CT19559   | GICB-CAP |
|      |       | 451    | PRADA DE GENOVER, LAURA       | CF  | 96  | CL59285   | GICB-CAP |
|      |       | 113    | AYUSTE POQUET, PATRICIA       | CF  | 96  | CT18880   | GICB-CAP |
|      |       | 425    | BALDE MBENGUE, FATIMA         | CF  | 96  | CT19571   | GICB-CAP |
| 2    | 57.13 | 57     | ARANJUELO PLANELLAS, CRISTINA | CF  | 97  | CL54944   | GEIEG    |
|      |       | 257    | AYMERICH FERRER, BERTA        | CF  | 97  | CL57782   | GEIEG    |
|      |       | 132    | PUJOL CORNEY, JUDIT           | CF  | 96  | CL54243   | GEIEG    |
|      |       | 432    | CUBELLS CUBELLS, NAUSICA      | CF  | 97  | CL54242   | GEIEG    |
| 3    | 58.08 | 4      | FERDINAND COLMENERO, PAULA    | CF  | 97  | CL53343   | CNB      |
|      |       | 11     | IVERN MANAUT, KÉNIA           | CF  | 97  | CL56468   | CNB      |
|      |       | 12     | ROJO SOLER, MAR               | CF  | 97  | CL56467   | CNB      |
|      |       | 15     | PÜELL GIRONÉS, JÚLIA          | CF  | 96  | CL50513   | CNB      |
| FC   | 56.32 | 16     | ZAMUDIO DOMINGO, LIDIA        | LF  | 95  | CT19876   | AAC      |
|      |       | 14     | COROMINAS MARISCOT, MARTA     | LF  | 95  | CL50519   | AAC      |
|      |       | 21     | ZAMUDIO DOMINGUEZ, MARINA     | JF  | 93  | CL50522   | AAC      |
|      |       | 3      | RIERA MALLOL, GEMMA           | JF  | 93  | CL50523   | AAC      |

**PROVA 4 X 100 ABSOLUT F**

| LLOC | MARCA   | DORSAL | ATLETA                        | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|-------------------------------|-----|-----|-----------|----------|
| 1    | 55.85   | 454    | PADROSA CROS, RAQUEL          | JF  | 92  | CT17162   | GICB-CAP |
|      |         | 455    | CARRILLO UYTERHOEVEN, CAROLII | LF  | 94  | CT19476   | GICB-CAP |
|      |         | 456    | ALEJO FORNESA, PAULA          | SF  | 86  | CT11852   | GICB-CAP |
|      |         | 270    | MASSAGUER DALMAU, EVA         | VF  | 67  | CT14299   | GICB-CAP |
| 2    | 1:02.54 | 403    | KONTEH JAWARA, FATOMATA       | LF  | 95  | CT19737   | GICB-CAP |
|      |         | 76     | RODRIGUEZ PUNSET, LEA         | CF  | 97  | CL59508   | GICB-CAP |
|      |         | 77     | VENTOS CASADELLÀ, RUTH        | CF  | 97  | CL59509   | GICB-CAP |
|      |         | 471    | MARISCOT PUIGDEMONT, PAULA    | CF  | 96  | CT19222   | GICB-CAP |

**CAMPIONAT GIRONÍ DE RELLEUS  
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PROVA      4 X 200 INFANTIL M I F

| LLOC | MARCA   | DORSAL | ATLETA                     | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|----------------------------|-----|-----|-----------|----------|
| 1    | 2:05.21 | 64     | MASSA PIRES,ANNA           | IF  | 98  | CL50885   | GICB-CAP |
|      |         | 71     | TALHI , SOKAYNA            | IF  | 98  | CL50887   | GICB-CAP |
|      |         | 75     | PONSI VILA,MARIA           | IF  | 98  | CL56484   | GICB-CAP |
|      |         | 70     | DAOUIRI , CHAYMAE          | IF  | 98  | CL53731   | GICB-CAP |
| 2    | 2:10.66 | 401    | DO CARMO,SARA              | IF  | 98  | 0         | VENTALLÓ |
|      |         | 402    | AYUSTÉ, LÍDIA              | IF  | 98  | 0         | VENTALLÓ |
|      |         | 109    | JOSECH,MARIONA             | IF  | 99  | 0         | VENTALLÓ |
|      |         | 111    | BATET,MAR                  | IF  | 98  | 0         | VENTALLÓ |
| 3    | 2:16.21 | 134    | AYATS MARTINEZ, PAULA      | IF  | 98  | CL54932   | GEiEG    |
|      |         | 234    | COLL GONZALEZ, EMMA        | IF  | 98  | CL54655   | GEiEG    |
|      |         | 49     | CLOPÉS RIGAU,MARIA         | IF  | 98  | CL57786   | GEiEG    |
|      |         | 145    | FRADERA CASTELLO,BET       | IF  | 99  | CL54935   | GEiEG    |
| FC   | 2:11.58 | 8      | MAJO RAFOLS,MARTINA        | IF  | 99  | CL58298   | CNB      |
|      |         | 7      | MOLAS RODRÍGUEZ, MIREIA    | IF  | 99  | CL53340   | CNB      |
|      |         | 28     | ESTANGA MASSAGUER, NAIARA  | IF  | 98  | CL50509   | CNB      |
|      |         | 4      | FERDINAND COLMENERO, PAULA | CF  | 97  | CL53343   | CNB      |

PROVA      4 X 200 INFANTIL M I F

| LLOC | MARCA   | DORSAL | ATLETA                      | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|-----------------------------|-----|-----|-----------|----------|
| 1    | 2:18.93 | 382    | EL MAZANI,MOHAMED           | IM  | 99  | CL61117   | GICB-CAP |
|      |         | 442    | MAHBOUB EL HAMDOUNI,ANNASSE | IM  | 99  | CL58437   | GICB-CAP |
|      |         | 444    | EL KRICHI, MOURAD           | IM  | 98  | TRÀMIT    | GICB-CAP |
|      |         | 65     | EL OUADI EL BAKHTI,SABER    | IM  | 98  | CL61066   | GICB-CAP |
| 2    | 2:24.50 | 100    | CASTELLS,RAMON              | IM  | 99  | 0         | VENTALLÓ |
|      |         | 99     | GIRARDI,XAVIER              | IM  | 98  | 0         | VENTALLÓ |
|      |         | 96     | SALVI PUIGVERT,JOAN         | AM  | 00  | 0         | VENTALLÓ |
|      |         | 97     | SEY,LAYIN                   | IM  | 99  | 0         | VENTALLÓ |

**CAMPIONAT GIRONÍ DE RELLEUS  
PALAFRUGELL  
5 DE MARÇ DE 2011**

**PROVA 4 X 300 CADET M**

| LLOC | MARCA   | DORSAL | ATLETA                    | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|---------------------------|-----|-----|-----------|----------|
| 1    | 2:51.14 | 458    | ALIMOU DIALLO, MAMADOU    | CM  | 97  | CL57780   | GEIEG    |
|      |         | 136    | MAKHFAOUI, JABIR          | CM  | 96  | CL54948   | GEIEG    |
|      |         | 293    | MAKHFAOUI, JOUBAIR        | CM  | 96  | CL54949   | GEIEG    |
|      |         | 459    | COSTA LLANSANA, QUIM      | CM  | 96  | CL61037   | GEIEG    |
| 2    | 3:15.10 | 445    | BENITEZ JOANA, DANI       | CM  | 96  | CL61318   | GICB-CAP |
|      |         | 446    | DICHA, YOUNESS            | CM  | 96  | CL61319   | GICB-CAP |
|      |         | 447    | BOUCHRETE, BILAL          | CM  | 97  | CL61119   | GICB-CAP |
|      |         | 448    | SALHI, TAOUFIQ            | CM  | 97  | CL61320   | GICB-CAP |
| 3    | 3:24.80 | 19     | ROCA DE LA CUEVA, MARTI   | CM  | 97  | CL50508   | CNB      |
|      |         | 370    | BOIX PUIGDEVALL, DAVID    | CM  | 96  | CL60605   | CNB      |
|      |         | 457    | VARGAS CASTANYER, GUILLEM | CM  | 96  | CL60606   | CNB      |
|      |         | 20     | FELEZ CALDES, RAMON       | CM  | 96  | CL58295   | CNB      |

**PROVA 4 X 300 CADET F**

| LLOC | MARCA   | DORSAL | ATLETA                     | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|----------------------------|-----|-----|-----------|----------|
| 1    | 3:06.99 | 450    | VARELA CANEVAS, SAINZA     | CF  | 96  | CT19559   | GICB-CAP |
|      |         | 451    | PRADA DE GENOVER, LAURA    | CF  | 96  | CL59285   | GICB-CAP |
|      |         | 113    | AYUSTE POQUET, PATRICIA    | CF  | 96  | CT18880   | GICB-CAP |
|      |         | 425    | BALDE MBENGUE, FATIMA      | CF  | 96  | CT19571   | GICB-CAP |
| 2    | 3:12.03 | 124    | ALFONSO RIBAS, RUT         | CF  | 96  | CL52942   | GEIEG    |
|      |         | 257    | AYMERICH FERRER, BERTA     | CF  | 97  | CL57782   | GEIEG    |
|      |         | 132    | PUJOL CORNEY, JUDIT        | CF  | 96  | CL54243   | GEIEG    |
|      |         | 432    | CUBELLS CUBELLS, NAUSICA   | CF  | 97  | CL54242   | GEIEG    |
| 3    | 3:19.27 | 4      | FERDINAND COLMENERO, PAULA | CF  | 97  | CL53343   | CNB      |
|      |         | 11     | IVERN MANAUT, KÉNIA        | CF  | 97  | CL56468   | CNB      |
|      |         | 12     | ROJO SOLER, MAR            | CF  | 97  | CL56467   | CNB      |
|      |         | 15     | PÜELL GIRONÉS, JÚLIA       | CF  | 96  | CL50513   | CNB      |

**CAMPIONAT GIRONÍ DE RELLEUS  
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**PROVA                    4 X 400 M**

| LLOC | MARCA   | DORSAL | ATLETA                    | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|---------------------------|-----|-----|-----------|----------|
| 1    | 3:50.53 | 453    | PRADA DE GENOVER, PAU     | JM  | 93  | CT19178   | GICB-CAP |
|      |         | 287    | CASADEVALL PUIG, ALBERT   | VM  | 72  | CT14618   | GICB-CAP |
|      |         | 63     | DURAN SIDERA, ADRIA       | LM  | 94  | CT17850   | GICB-CAP |
|      |         | 452    | AIZPUN GARRIDO, JOHN IKER | JM  | 93  | CT18110   | GICB-CAP |
| 2    | 4:08.47 | 363    | JOFRA CASTELLS, MIQUEL    | JM  | 92  | CT17163   | GICB-CAP |
|      |         | 437    | PLANTALECH CASALS, EUDALD | LM  | 94  | CT19075   | GICB-CAP |
|      |         | 476    | ALMENDROS GONZALEZ, PEDRO | LM  | 94  | CT18844   | GICB-CAP |
|      |         | 475    | AGROU, AYOUB              | LM  | 94  | CT20160   | GICB-CAP |

**PROVA                    4 X 400 F**

| LLOC | MARCA   | DORSAL | ATLETA                        | CAT | ANY | LLICÈNCIA | CLUB     |
|------|---------|--------|-------------------------------|-----|-----|-----------|----------|
| 1    | 4:47.62 | 403    | KONTEH JAWARA, FATOMATA       | LF  | 95  | CT19737   | GICB-CAP |
|      |         | 454    | PADROSA CROS, RAQUEL          | JF  | 92  | CT17162   | GICB-CAP |
|      |         | 455    | CARRILLO UYTERHOEVEN, CAROLII | LF  | 94  | CT19476   | GICB-CAP |
|      |         | 456    | ALEJO FORNESA, PAULA          | SF  | 86  | CT11852   | GICB-CAP |

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|      |         | PROVA  |                              | 3 X 600 ALEVI M |     |           |          |
|------|---------|--------|------------------------------|-----------------|-----|-----------|----------|
| LLOC | MARCA   | DORSAL | ATLETA                       | CAT             | ANY | LLICÈNCIA | CLUB     |
| 1    | 6:30.30 | 383    | GOMEZ GAMEZ,ALAN             | AM              | 00  | CL61118   | GICB-CAP |
|      |         | 385    | SALHI ACHFI,ABDELLAH         | AM              | 01  | CL61057   | GICB-CAP |
|      |         | 423    | CROS RIBOT, RUBEN            | AM              | 00  | CL54785   | GICB-CAP |
| 2    | 8:10.30 | 472    | GRIANDINI,ESTEBAN            | AM              | 00  | EN TRAMIT | VENTALLÓ |
|      |         | 470    | MITJANAS COSTA,JOAN          | AM              | 00  | CL57033   | VENTALLÓ |
|      |         | 115    | SEGARRA,JOSEP M <sup>º</sup> | AM              | 00  | 0         | VENTALLÓ |

|      |         | PROVA  |                        | 3 X 600 ALEVI F |     |           |       |
|------|---------|--------|------------------------|-----------------|-----|-----------|-------|
| LLOC | MARCA   | DORSAL | ATLETA                 | CAT             | ANY | LLICÈNCIA | CLUB  |
| 1    | 6:56.95 | 128    | MELLENDEZ MORALES,ANNA | AF              | 00  | CL57795   | GEIEG |
|      |         | 116    | CLOPES RIGAU,ANNA      | AF              | 00  | CL57785   | GEIEG |
|      |         | 105    | FELIU PARAREDA,MARTA   | AF              | 00  | CL54934   | GEIEG |