

3ª Cursa de Muntanya de Manresa 2010

28-mar-2010 Distància: 19.500 mtrs

Classificacions Oficials amb parcials

| Lloc | D | Drs | Nom_Cognoms | Sx | Ll_Sx | Temps | mKm | Peu | Cim | LlocCat | NomClub |
|------|---|-----|-------------------------------|----|-------|----------|----------|----------|----------|---------|-------------------------------|
| 1 | | 1 | Just Sociats Asensio | | | 01:15:10 | 00:03:52 | 00:13:50 | 00:21:43 | 1-SenM | C.A. MANRESA |
| 2 | | 3 | Josep Barrufet Torreguitart | | | 01:16:04 | 00:03:55 | 00:13:51 | 00:22:33 | 2-SenM | C.A. VIC |
| 3 | | 2 | Sergi Rodriguez Jimenez | | | 01:17:09 | 00:03:58 | 00:13:51 | 00:23:11 | 3-SenM | C.A. MANRESA |
| 4 | | 169 | David Sanchez Doña | | | 01:17:34 | 00:03:59 | 00:13:49 | 00:21:59 | 4-SenM | ASS. ESP. DIEDRE |
| 5 | | 46 | Sergi Verges Rocher | | | 01:18:42 | 00:04:03 | 00:13:50 | 00:22:32 | 5-SenM | |
| 6 | | 198 | Javi Delgado Lopez | | | 01:19:34 | 00:04:05 | 00:14:06 | 00:23:23 | 1-VetM | Spiridon |
| 7 | | 144 | Esteban Ramirez Rodriguez | | | 01:19:39 | 00:04:06 | 00:14:01 | 00:23:07 | 2-VetM | U. A. TERRASSA |
| 8 | | 333 | Jordi Calduch Prat | | | 01:19:42 | 00:04:06 | 00:14:01 | 00:23:19 | 6-SenM | C.A. MANRESA |
| 9 | | 293 | Jordi Pàmies Carrión | | | 01:21:24 | 00:04:11 | 00:13:59 | 00:23:20 | 7-SenM | BORGES TRAIL |
| 10 | | 4 | Eric Diaz Martin | | | 01:22:17 | 00:04:14 | 00:13:50 | 00:22:39 | 8-SenM | ASS ESP. DIEDRE |
| 11 | | 246 | Xevi Vidal Subinya | | | 01:23:11 | 00:04:16 | 00:14:48 | 00:23:58 | 9-SenM | C.A. VIC |
| 12 | | 233 | Quico Linares Carreter | | | 01:23:39 | 00:04:18 | 00:14:25 | 00:24:53 | 10-SenM | C.A. MANRESA |
| 13 | | 110 | Ramon Torne Serra | | | 01:24:04 | 00:04:19 | 00:14:27 | 00:24:52 | 11-SenM | T1 MUNTANYA |
| 14 | | 143 | Francesc Gràcia López | | | 01:24:06 | 00:04:19 | 00:14:14 | 00:23:55 | 12-SenM | OLIMPIC MANLLEU |
| 15 | | 134 | Josep Gras Vives | | | 01:24:11 | 00:04:20 | 00:14:36 | 00:24:05 | 3-VetM | C.A. MANRESA |
| 16 | | 267 | Quim Raich Balague | | | 01:24:12 | 00:04:20 | 00:15:00 | 00:23:57 | 4-VetM | CP PUIGCERDA |
| 17 | | 172 | Pere Castillo Martinez | | | 01:24:30 | 00:04:20 | 00:14:38 | 00:25:10 | 13-SenM | U. A. TERRASSA |
| 18 | | 238 | Dani Bordallo Rovira | | | 01:24:39 | 00:04:21 | 00:14:29 | 00:24:29 | 14-SenM | C.A. VIC |
| 19 | | 52 | Benvingut Oliveras Manganell | | | 01:25:08 | 00:04:22 | 00:14:23 | 00:24:50 | 5-VetM | C.A. MANRESA |
| 20 | | 340 | Albert Llorens Ayllon | | | 01:25:13 | 00:04:23 | 00:14:40 | 00:25:01 | 15-SenM | |
| 21 | | 192 | Jaume Bragulat Ros | | | 01:25:21 | 00:04:23 | 00:14:14 | 00:24:14 | 16-SenM | 2x2 Santpedor |
| 22 | | 301 | Jordi Arola Farrés | | | 01:25:42 | 00:04:24 | 00:14:25 | 00:24:48 | 17-SenM | C.A. MANRESA |
| 23 | | 270 | Alfons Esquiús Miquel | | | 01:26:11 | 00:04:26 | 00:14:41 | 00:25:27 | 6-VetM | C.A. MANRESA |
| 24 | | 260 | Ramon Corominas Santanach | | | 01:26:35 | 00:04:27 | 00:14:28 | 00:24:32 | 7-VetM | C.A. VIC |
| 25 | | 159 | Ramon Capdevila Pla | | | 01:26:46 | 00:04:27 | 00:14:41 | 00:24:55 | 18-SenM | DIEDRE |
| 26 | | 152 | Gerard Olivares Codina | | | 01:26:56 | 00:04:28 | 00:14:35 | 00:25:42 | 19-SenM | C.A. MANRESA |
| 27 | | 348 | Albert Comellas Perea | | | 01:27:13 | 00:04:29 | 00:14:43 | 00:25:30 | 20-SenM | |
| 28 | | 200 | Miguel A. Sanz Sierra | | | 01:27:25 | 00:04:29 | 00:15:11 | 00:25:31 | 8-VetM | |
| 29 | | 304 | Amand Redondo Brunet | | | 01:27:40 | 00:04:30 | 00:14:51 | 00:25:29 | 9-VetM | C.A. MANRESA |
| 30 | | 175 | Jordi Parareda Nadeu | | | 01:27:56 | 00:04:31 | 00:15:14 | 00:25:46 | 21-SenM | C.A. VIC |
| 31 | | 199 | Sergi Cots Sotoca | | | 01:28:14 | 00:04:32 | 00:15:04 | 00:25:33 | 22-SenM | FAES |
| 32 | | 347 | Ricard Gimenez Hernandez | | | 01:28:29 | 00:04:33 | 00:15:04 | 00:26:29 | 10-VetM | |
| 33 | | 187 | Jordi Sanchez Lacort | | | 01:28:43 | 00:04:33 | 00:15:11 | 00:25:13 | 1-MasM | |
| 34 | | 5 | Marc Pages Bataller | | | 01:29:04 | 00:04:35 | 00:15:10 | 00:25:49 | 23-SenM | GEIEG |
| 35 | | 32 | Jordi Evangelio Martinez | | | 01:29:29 | 00:04:36 | 00:15:07 | 00:26:06 | 24-SenM | |
| 36 | | 194 | Xavier Falip Pujols | | | 01:29:41 | 00:04:36 | 00:15:17 | 00:26:17 | 25-SenM | |
| 37 | | 40 | Jordi Fernandez | | | 01:29:47 | 00:04:37 | 00:15:17 | 00:25:50 | 26-SenM | C.M.MONISTROL |
| 38 | | 146 | Jordi Bayona Sivila | | | 01:29:57 | 00:04:37 | 00:14:59 | 00:25:39 | 11-VetM | GIMBE |
| 39 | | 350 | Xevi Garcia Gil | | | 01:30:38 | 00:04:39 | 00:15:20 | 00:26:34 | 12-VetM | GI C.B. - C. A. PALAFRUGELL |
| 40 | | 126 | Francisco Jose Garcia Ramirez | | | 01:30:45 | 00:04:40 | 00:15:16 | 00:26:23 | 27-SenM | J'ARRIBU |
| 41 | | 253 | Joan Torrents Marmi | | | 01:30:55 | 00:04:40 | 00:15:36 | 00:27:00 | 2-MasM | CLUB ATLETIC BERGA |
| 42 | | 276 | Josep Ballonga | | | 01:31:10 | 00:04:41 | 00:16:04 | 00:27:29 | 13-VetM | |
| 43 | | 13 | Oriol Asensio Ribera | | | 01:31:15 | 00:04:41 | 00:16:00 | 00:27:06 | 28-SenM | C.A. VIC |
| 44 | | 8 | Montse Martinez Guerrero | F | 1 | 01:31:23 | 00:04:42 | 00:15:32 | 00:26:42 | 1-SenF | ASS ESP. DIEDRE |
| 45 | | 147 | Joan Busquets Planas | | | 01:32:06 | 00:04:44 | 00:15:51 | 00:27:26 | 29-SenM | |
| 46 | | 111 | Jordi Cots Sotoca | | | 01:32:06 | 00:04:44 | 00:15:52 | 00:27:46 | 30-SenM | |
| 47 | | 150 | Joan Ibañez Moreno | | | 01:32:10 | 00:04:44 | 00:15:42 | 00:27:19 | 31-SenM | C.E. PUIGCASTELLAR |
| 48 | | 183 | Oriol Baró Fajula | | | 01:32:11 | 00:04:44 | 00:15:47 | 00:25:47 | 32-SenM | A.E.LILLET |
| 49 | | 138 | Toni Garcia Llorens | | | 01:32:15 | 00:04:44 | 00:15:41 | 00:27:13 | 33-SenM | |
| 50 | | 92 | Toni Beltran Soldevila | | | 01:32:18 | 00:04:44 | 00:15:41 | 00:26:25 | 14-VetM | CECB |
| 51 | | 128 | Andres Figueroa Riego | | | 01:32:20 | 00:04:45 | 00:15:34 | 00:27:14 | 34-SenM | PEÑA PARRIBA |
| 52 | | 335 | Alberto Perez Valero | | | 01:32:25 | 00:04:45 | 00:15:33 | 00:27:11 | 35-SenM | VERTICRUNNERS |
| 53 | | 117 | Joan Antoni Martinez Salles | | | 01:32:27 | 00:04:45 | 00:15:52 | 00:27:16 | 36-SenM | |
| 54 | | 107 | Francisco Roura Martin | | | 01:32:27 | 00:04:45 | 00:15:46 | 00:26:45 | 15-VetM | PEÑA PARRIBA |
| 55 | | 330 | Ramon Torra Buscart | | | 01:32:28 | 00:04:45 | 00:15:15 | 00:26:10 | 16-VetM | C.A. MANRESA |
| 56 | | 250 | Susana Lopez Santos | F | 2 | 01:32:34 | 00:04:45 | 00:15:40 | 00:27:04 | 2-SenF | |
| 57 | | 55 | Salvador Fontane Masnou | | | 01:32:43 | 00:04:46 | 00:16:11 | 00:27:43 | 17-VetM | C.A. MANRESA |
| 58 | | 59 | Jaume Masana Ribalta | | | 01:32:56 | 00:04:46 | 00:15:30 | 00:26:56 | 18-VetM | C.A. MANRESA |
| 59 | | 28 | Josep Padullers Vendrell | | | 01:32:57 | 00:04:46 | 00:15:35 | 00:27:24 | 19-VetM | |
| 60 | | 38 | Joan Ramon Badia Soler | | | 01:32:59 | 00:04:47 | 00:15:54 | 00:28:03 | 37-SenM | |
| 61 | | 69 | Francisco Ruiz Roman | | | 01:33:11 | 00:04:47 | 00:15:32 | 00:26:36 | 38-SenM | CENTRE EXC. CARDONA |
| 62 | | 162 | Joan Trabal Roma | | | 01:33:17 | 00:04:47 | 00:14:43 | 00:25:12 | 39-SenM | UEM |
| 63 | | 337 | Bernat López García | | | 01:33:53 | 00:04:49 | 00:15:42 | 00:26:59 | 20-VetM | RITTAL DISPREU |
| 64 | | 269 | Diego Gálvez Romero | | | 01:34:11 | 00:04:50 | 00:15:37 | 00:27:38 | 21-VetM | |
| 65 | | 121 | Francesc Llobet Esquiús | | | 01:34:14 | 00:04:50 | 00:15:50 | 00:27:47 | 40-SenM | UEC ANOIA |
| 66 | | 135 | Alfred Beltran Soldevila | | | 01:34:17 | 00:04:51 | 00:15:48 | 00:28:02 | 41-SenM | CENTRE EXCURSIONISTA DE SÚRIA |
| 67 | | 166 | Antoni Garcia Nieto | | | 01:34:19 | 00:04:51 | 00:16:05 | 00:28:11 | 22-VetM | |
| 68 | | 153 | Xavier Sanchez Fernandez | | | 01:34:20 | 00:04:51 | 00:15:46 | 00:27:40 | 23-VetM | C.A. MANRESA |
| 69 | | 102 | Martí Just Calderer | | | 01:34:30 | 00:04:51 | 00:15:56 | 00:28:00 | 42-SenM | MOUNTAIN RUNNERS |
| 70 | | 79 | Josep Lluís Medina Torrego | | | 01:34:37 | 00:04:52 | 00:15:58 | 00:27:30 | 43-SenM | |
| 71 | | 282 | Xavier Corpas Morales | | | 01:34:49 | 00:04:52 | 00:16:29 | 00:28:28 | 44-SenM | CLUB ATLETISME ESPARREGUERA |
| 72 | | 258 | Francesc Serra Canals | | | 01:34:55 | 00:04:53 | 00:16:39 | 00:28:16 | 45-SenM | CENTRE EXCURSIONISTA D'AVINYÓ |
| 73 | | 7 | Nuria Picas Albets | F | 3 | 01:35:08 | 00:04:53 | 00:15:59 | 00:27:53 | 3-SenF | C.A. MANRESA |
| 74 | | 167 | David Folch Calveras | | | 01:35:10 | 00:04:53 | 00:15:53 | 00:27:54 | 46-SenM | |

| | | | | | | | | | | |
|-----|-----|--------------------------------|---|---|----------|----------|----------|----------|---------|--------------------------------|
| 75 | 327 | Francesc Codina Ramon | | | 01:35:13 | 00:04:53 | 00:16:13 | 00:28:15 | 47-SenM | FONDISTES PONTS |
| 76 | 139 | Ramon Jorba Dordal | | | 01:35:21 | 00:04:54 | 00:17:16 | 00:28:35 | 24-VetM | |
| 77 | 56 | Jordi Muñoz Marti | | | 01:35:36 | 00:04:55 | 00:16:27 | 00:28:39 | 48-SenM | |
| 78 | 27 | Jordi Boy Mas | | | 01:35:41 | 00:04:55 | 00:17:18 | 00:29:04 | 49-SenM | |
| 79 | 75 | Albert Sala Farré | | | 01:35:52 | 00:04:55 | 00:16:07 | 00:28:23 | 50-SenM | CE OLÓ |
| 80 | 345 | Joan Closa Pladveya | | | 01:36:03 | 00:04:56 | 00:15:47 | 00:26:31 | 25-VetM | MOUNTAIN RUNNERS DEL BERGADA |
| 81 | 29 | Damian Lopez Buzon | | | 01:36:12 | 00:04:56 | 00:16:08 | 00:28:20 | 26-VetM | |
| 82 | 323 | Carlos Martin Arias | | | 01:36:15 | 00:04:57 | 00:16:00 | 00:28:13 | 51-SenM | XINO-XANO |
| 83 | 272 | Wenceslao Rolda Roldansalvador | | | 01:36:20 | 00:04:57 | 00:16:12 | 00:28:48 | 27-VetM | ATLETIC Cerdanyola |
| 84 | 108 | Valenti Pons Esquiús | | | 01:36:29 | 00:04:57 | 00:16:01 | 00:28:09 | 52-SenM | 2X2 SANTPEDOR |
| 85 | 11 | Sara Vila Raya | F | 4 | 01:36:30 | 00:04:57 | 00:16:18 | 00:27:42 | 4-SenF | FONDISTES SOLSONES |
| 86 | 60 | David Griera Perramon | | | 01:36:36 | 00:04:58 | 00:15:59 | 00:27:57 | 28-VetM | C.A. MANRESA |
| 87 | 300 | Joan Delgado Parejo | | | 01:36:42 | 00:04:58 | 00:16:55 | 00:28:56 | 53-SenM | |
| 88 | 306 | Carles Miralles Toro | | | 01:36:49 | 00:04:58 | 00:15:45 | 00:27:28 | 54-SenM | CENTRE EXCURSIONISTA CALLÚS |
| 89 | 294 | Franky Rivera Moreno | | | 01:36:52 | 00:04:59 | 00:16:02 | 00:27:32 | 29-VetM | |
| 90 | 116 | Ricard Cosp Trafi | | | 01:37:04 | 00:04:59 | 00:15:51 | 00:27:34 | 55-SenM | C.A. MANRESA |
| 91 | 89 | Silvia Sanchez Carrascal | F | 5 | 01:37:14 | 00:05:00 | 00:16:10 | 00:27:22 | 5-SenF | |
| 92 | 296 | Eduard Aregall Romeu | | | 01:37:15 | 00:05:00 | 00:16:53 | 00:28:46 | 30-VetM | NATS |
| 93 | 53 | Xavier Tomasa Serrano | | | 01:37:16 | 00:05:00 | 00:16:32 | 00:29:34 | 56-SenM | CA BERGA |
| 94 | 90 | Yolanda Garcia Saez | F | 6 | 01:37:17 | 00:05:00 | 00:16:58 | 00:28:29 | 6-SenF | |
| 95 | 284 | Carlos Saura Exposito | | | 01:37:18 | 00:05:00 | 00:16:19 | 00:29:23 | 31-VetM | ATLETIC Cerdanyola |
| 96 | 82 | Ricard Feu Pané | | | 01:37:33 | 00:05:01 | 00:16:03 | 00:28:44 | 32-VetM | |
| 97 | 262 | Carlos Ruiz Alvarez | | | 01:37:34 | 00:05:01 | 00:16:10 | 00:28:30 | 33-VetM | |
| 98 | 17 | Jose David Sanchez Guzman | | | 01:37:44 | 00:05:01 | 00:16:12 | 00:28:32 | 57-SenM | |
| 99 | 129 | Albert Viu Uribe | | | 01:37:50 | 00:05:01 | 00:17:27 | 00:29:51 | 58-SenM | |
| 100 | 15 | Miquel Cerdan Lagunas | | | 01:37:54 | 00:05:02 | 00:17:03 | 00:29:38 | 34-VetM | AMICS CURSA D'ARTES |
| 101 | 155 | Santi Sanchez Sanfeliu | | | 01:38:17 | 00:05:03 | 00:16:09 | 00:28:27 | 59-SenM | |
| 102 | 20 | Joan Badia Llado | | | 01:38:19 | 00:05:03 | 00:17:01 | 00:29:42 | 35-VetM | C.A. MANRESA |
| 103 | | Carles Fernandez Martinez | | | 01:38:19 | 00:05:03 | 00:17:00 | 00:29:45 | 36-VetM | |
| 104 | 303 | Josep Beumala Busquet | | | 01:38:27 | 00:05:03 | 00:16:50 | 00:29:00 | 60-SenM | C. EXCURSIONISTA DE LA LLACUNA |
| 105 | 201 | Dani Morales Morillas | | | 01:39:14 | 00:05:06 | 00:16:06 | 00:28:07 | 61-SenM | Diedra |
| 106 | 86 | Albert Lleonart Boladeras | | | 01:39:37 | 00:05:07 | 00:16:58 | 00:29:48 | 62-SenM | CATALONIA EXPRESS |
| 107 | 140 | David Pubill Cunill | | | 01:39:42 | 00:05:07 | 00:16:28 | 00:28:58 | 37-VetM | |
| 108 | 158 | Jordi Marquez Gonzalez | | | 01:39:54 | 00:05:08 | 00:16:12 | 00:28:53 | 63-SenM | FONDISTES CERVERA |
| 109 | 268 | Jordi Riera Pol | | | 01:40:01 | 00:05:08 | 00:15:02 | 00:25:37 | 64-SenM | 4000 PEUS COLLBATÓ |
| 110 | 34 | Quim Grau Sala | | | 01:40:07 | 00:05:09 | 00:17:29 | 00:30:36 | 38-VetM | |
| 111 | 12 | Nil Corominas Perarie | | | 01:40:08 | 00:05:09 | 00:16:06 | 00:27:49 | 65-SenM | C.A. VIC |
| 112 | 257 | Abraham Noriega Pujol | | | 01:40:09 | 00:05:09 | 00:17:05 | 00:30:22 | 66-SenM | RESPECT RUNNERS |
| 113 | 311 | Marc Sanclimens Solervicens | | | 01:40:12 | 00:05:09 | 00:17:17 | 00:29:42 | 67-SenM | CORREDORS.CAT |
| 114 | 160 | Marc Cortina Plaixats | | | 01:40:19 | 00:05:09 | 00:15:24 | 00:27:10 | 68-SenM | |
| 115 | 231 | Jose Martinez Abadias | | | 01:40:24 | 00:05:09 | 00:16:37 | 00:29:38 | 3-MasM | RUNNING VALLES |
| 116 | 193 | Xavier Dalmau Lletjos | | | 01:40:29 | 00:05:10 | 00:16:49 | 00:28:51 | 39-VetM | |
| 117 | 256 | Josep Baraldes Comas | | | 01:40:41 | 00:05:10 | 00:17:01 | 00:29:59 | 40-VetM | |
| 118 | 103 | Marc Sellarés Gimenez | | | 01:40:48 | 00:05:11 | 00:17:21 | 00:30:05 | 69-SenM | NAVARCLES SKYRUNNERS |
| 119 | 130 | Javier López Garcia | | | 01:40:49 | 00:05:11 | 00:17:37 | 00:30:55 | 70-SenM | MOUNTAIN RUNNERS DEL BERGUEDA |
| 120 | 291 | Robert Lopez Enriquez | | | 01:40:53 | 00:05:11 | 00:16:14 | 00:29:32 | 41-VetM | IMTEMPERIE-PROBIKE |
| 121 | 177 | Esteve Sala Mordillo | | | 01:40:59 | 00:05:11 | 00:16:51 | 00:29:47 | 42-VetM | ROGER ROCA RUUNING |
| 122 | 245 | Cesc Calzada I Pages | | | 01:40:59 | 00:05:11 | 00:16:52 | 00:29:44 | 71-SenM | ROGER ROCA RUNNING |
| 123 | 113 | Marc Busquets Servitja | | | 01:41:00 | 00:05:11 | 00:17:51 | 00:30:34 | 72-SenM | |
| 124 | 336 | Ladís Velasco Alcañiz | | | 01:41:04 | 00:05:11 | 00:17:32 | 00:30:48 | 73-SenM | CENTRE EXC. COMARCA DEL BAGES |
| 125 | 331 | Carlos Martinez Gonzalez | | | 01:41:06 | 00:05:12 | 00:17:17 | 00:30:03 | 43-VetM | CLUB CICLISTA PALLEJA |
| 126 | 95 | Esteban Galindo López | | | 01:41:06 | 00:05:12 | 00:17:30 | 00:30:44 | 74-SenM | |
| 127 | 305 | José Muñoz Pérez | | | 01:41:07 | 00:05:12 | 00:16:50 | 00:29:15 | 75-SenM | |
| 128 | 22 | Josep Comas Closa | | | 01:41:12 | 00:05:12 | 00:16:01 | 00:29:40 | 4-MasM | C.A. MANRESA |
| 129 | 189 | Miquel Malet Duran | | | 01:41:20 | 00:05:12 | 00:16:42 | 00:28:34 | 76-SenM | G. EXC. FORCES, FORTS I FERMS |
| 130 | 106 | Marià Trilla Clot | | | 01:41:20 | 00:05:12 | 00:17:28 | 00:30:07 | 77-SenM | |
| 131 | 185 | Joaquim Mayoral Clapers | | | 01:41:28 | 00:05:13 | 00:17:30 | 00:30:53 | 78-SenM | ASS. ESP. DIEDRE |
| 132 | 209 | Roger Sala | | | 01:41:32 | 00:05:13 | 00:16:43 | 00:28:49 | 79-SenM | |
| 133 | 105 | Arnau Clot Razquin | | | 01:41:48 | 00:05:14 | 00:17:27 | 00:30:09 | 80-SenM | |
| 134 | 281 | Josep Oliver Sero | | | 01:42:16 | 00:05:15 | | 00:30:33 | 81-SenM | CLUB ATLETISME ESPARREGUERA |
| 135 | 57 | Marc Puigdellivol Sarri | | | 01:42:20 | 00:05:15 | 00:17:16 | 00:30:00 | 82-SenM | |
| 136 | 328 | Manuel Romeo Algué | | | 01:43:05 | 00:05:18 | 00:16:13 | 00:28:37 | 83-SenM | FONDISTES PONTS |
| 137 | 178 | Carles Garcia I Pantrigo | | | 01:43:09 | 00:05:18 | 00:17:02 | 00:29:49 | 44-VetM | AMICS DE LA CURSA D'ARTES |
| 138 | 16 | Jordi Pujantell Cabanas | | | 01:43:18 | 00:05:18 | 00:18:07 | 00:30:56 | 84-SenM | FONDISTES SOLSONES |
| 139 | 61 | Alba Corredera Flotats | F | 7 | 01:43:18 | 00:05:18 | 00:15:55 | 00:27:59 | 7-SenF | C.A. MANRESA |
| 140 | 93 | Francesc Serra Carrera | | | 01:43:23 | 00:05:19 | 00:17:31 | 00:30:49 | 45-VetM | C.A. VIC |
| 141 | 50 | Eudald Camprubi | | | 01:43:25 | 00:05:19 | 00:17:28 | 00:30:29 | 85-SenM | |
| 142 | 74 | Eduard Merino Farran | | | 01:43:42 | 00:05:20 | 00:17:14 | 00:28:55 | 46-VetM | MOUNTAIN RUNNERS DEL BERGUEDA |
| 143 | 208 | Josep Antoni Martinez Gea | | | 01:43:48 | 00:05:20 | 00:17:07 | 00:30:19 | 5-MasM | C.A. MANRESA |
| 144 | 39 | Oscar Momino | | | 01:43:49 | 00:05:20 | 00:17:01 | 00:30:07 | 47-VetM | |
| 145 | 85 | Raimon Arevalo Villarroya | | | 01:43:56 | 00:05:20 | 00:17:00 | 00:29:56 | 86-SenM | CATALONIA EXPRESS |
| 146 | 109 | Ricard Gamisans Solà | | | 01:43:59 | 00:05:20 | 00:17:02 | 00:29:57 | 87-SenM | |
| 147 | 190 | Tina Gomez Pujols | F | 8 | 01:44:07 | 00:05:21 | 00:17:36 | 00:29:52 | 8-SenF | Muntain runners bergueda |
| 148 | 44 | Domenec Grau | | | 01:44:16 | 00:05:21 | 00:17:04 | 00:29:53 | 88-SenM | |
| 149 | 196 | Francesc Delis | | | 01:44:39 | 00:05:22 | 00:19:01 | 00:32:20 | 48-VetM | |
| 150 | 64 | Robert Monros Vilalta | | | 01:44:40 | 00:05:23 | 00:16:47 | 00:30:25 | 89-SenM | CTRE EXCTA AVINYÓ |
| 151 | 318 | Jaume Morros Martinez | | | 01:44:45 | 00:05:23 | 00:17:42 | 00:31:08 | 49-VetM | C.E.LA LLACUNA |
| 152 | 23 | Jaume Juanola Victori | | | 01:44:55 | 00:05:23 | 00:15:59 | 00:29:30 | 6-MasM | C.A. MANRESA |
| 153 | 33 | Santi Becerra Hernandez | | | 01:44:58 | 00:05:23 | 00:18:20 | 00:31:21 | 90-SenM | CE CARDONA |
| 154 | 25 | Ignasi Olive Ramon | | | 01:45:03 | 00:05:24 | | 00:30:57 | 50-VetM | GIMBE |
| 155 | 299 | Juanjo Navarro Sanchez | | | 01:45:08 | 00:05:24 | 00:18:24 | 00:30:46 | 51-VetM | J.A. CASTELLBISBAL |

| | | | | | | | | | | |
|-----|-----|--------------------------------|---|----|----------|----------|----------|----------|----------|--------------------------------|
| 156 | 271 | José Antonio Jiménez López | | | 01:45:10 | 00:05:24 | 00:17:39 | 00:31:23 | 52-VetM | |
| 157 | 9 | Aitana Domenech Martínez | F | 9 | 01:45:12 | 00:05:24 | 00:17:04 | 00:29:02 | 9-SenF | C EXCTA MOLINS REI |
| 158 | 247 | Jose Francisco Gonzalez Rincon | | | 01:45:25 | 00:05:25 | 00:17:15 | 00:30:31 | 53-VetM | ATLETIC CERDANYOLA |
| 159 | 145 | Antoni Granero Rossinyol | | | 01:45:25 | 00:05:25 | 00:17:23 | 00:30:02 | 91-SenM | L'ASSOCIACIÓ ESPORTIVA MOUNTAI |
| 160 | 47 | Marc Aloy Guardia | | | 01:45:25 | 00:05:25 | 00:17:31 | 00:31:03 | 92-SenM | |
| 161 | 205 | Joan Piqué Serra | | | 01:45:26 | 00:05:25 | 00:17:30 | 00:31:02 | 93-SenM | CORREDORS.CAT |
| 162 | 263 | Miguel Paredes Araujo | | | 01:45:33 | 00:05:25 | 00:18:17 | 00:32:02 | 54-VetM | RUNNERSWORLD BCN. |
| 163 | 197 | Nuria Camps Jaraba | F | 10 | 01:45:35 | 00:05:25 | 00:18:13 | 00:31:57 | 1-VetF | |
| 164 | 265 | Ramon Vilanova Cano | | | 01:45:47 | 00:05:26 | 00:17:33 | 00:31:10 | 94-SenM | |
| 165 | 339 | Enric Dillet Cama | | | 01:45:53 | 00:05:26 | 00:18:08 | 00:31:55 | 95-SenM | A.E. PALAFRUGELL |
| 166 | 234 | Joan Simon Pons | | | 01:46:09 | 00:05:27 | 00:18:13 | 00:31:51 | 7-MasM | PENYA BLAUGRANA DE SANTPEDOR |
| 167 | 156 | Lluís Vilardell Pons | | | 01:46:38 | 00:05:29 | 00:17:14 | 00:30:30 | 96-SenM | |
| 168 | 273 | Daniel Osiàs Valverde | | | 01:46:56 | 00:05:29 | 00:18:02 | 00:31:30 | 97-SenM | |
| 169 | 295 | Júlia Pau Téllez | F | 11 | 01:47:11 | 00:05:30 | 00:18:25 | 00:32:17 | 10-SenF | |
| 170 | 286 | Juan Carles Carrillo Sanchez | | | 01:47:11 | 00:05:30 | 00:18:12 | 00:31:07 | 98-SenM | ATLETIC BERGA |
| 171 | 338 | Natalia Rakislova | F | 12 | 01:47:21 | 00:05:31 | 00:18:09 | 00:32:10 | 11-SenF | C.A. TARRAGONA |
| 172 | 237 | Albert Tadeo Folch | | | 01:47:22 | 00:05:31 | 00:18:48 | 00:32:42 | 8-MasM | C.A. RUNNING |
| 173 | 21 | Jordi Olmedo Lopez | | | 01:47:29 | 00:05:31 | 00:17:14 | 00:29:24 | 99-SenM | |
| 174 | 133 | David Baena Puigbò | | | 01:47:33 | 00:05:31 | 00:17:36 | 00:31:06 | 100-SenM | ASS. ESP. DIEDRE |
| 175 | 104 | Joan Oller Mas | | | 01:47:44 | 00:05:32 | 00:17:23 | 00:30:34 | 101-SenM | NAVARCLES SKYRUNNERS |
| 176 | 321 | Sergio Carrasco Catalan | | | 01:47:54 | 00:05:32 | 00:18:46 | 00:32:19 | 102-SenM | |
| 177 | 170 | Manel Armengol I Vilàr | | | 01:47:56 | 00:05:33 | 00:16:49 | 00:30:13 | 103-SenM | |
| 178 | 204 | Jaume Bayona Vila | | | 01:48:02 | 00:05:33 | 00:17:30 | 00:30:40 | 9-MasM | CLUB ATLETISME ESPARREGUERA |
| 179 | 99 | Oriol Delgado Catevilla | | | 01:48:10 | 00:05:33 | 00:17:00 | 00:30:27 | 104-SenM | |
| 180 | 332 | Oriol Ardèvol Bosch | | | 01:48:15 | 00:05:34 | 00:17:45 | 00:31:49 | 105-SenM | FEFA |
| 181 | 343 | Carlos Jesús Utrilla Utrilla | | | 01:48:31 | 00:05:34 | 00:17:26 | 00:29:55 | 106-SenM | CDB TRIATLÓN CRIPTANA |
| 182 | 161 | Ramon Casals | | | 01:48:35 | 00:05:35 | 00:18:01 | 00:31:43 | 10-MasM | CLUB TRIATLÓ SABADELL |
| 183 | 252 | Manel Ruiz Bravo | | | 01:48:40 | 00:05:35 | 00:18:12 | 00:31:44 | 55-VetM | C.A. MANRESA |
| 184 | 81 | Lluís Teixidó Caballero | | | 01:48:45 | 00:05:35 | 00:17:48 | 00:31:52 | 107-SenM | |
| 185 | 72 | Marc Estrems Rius | | | 01:48:48 | 00:05:35 | 00:17:50 | 00:31:25 | 108-SenM | KOALA'S TEAM |
| 186 | 287 | Xavi Caballol Anaya | | | 01:49:01 | 00:05:36 | 00:18:06 | 00:31:34 | 56-VetM | C.A. MANRESA |
| 187 | 84 | Anna Quintana Barnils | F | 13 | 01:49:22 | 00:05:37 | 00:19:23 | 00:32:38 | 12-SenF | |
| 188 | 314 | Jose Martinez Sanchez | | | 01:49:33 | 00:05:38 | 00:17:56 | 00:31:27 | 109-SenM | |
| 189 | 255 | Josep Garcia | | | 01:49:34 | 00:05:38 | 00:18:45 | 00:32:40 | 11-MasM | CAO |
| 190 | 292 | Ana Picon Sasot | F | 14 | 01:49:45 | 00:05:38 | 00:19:15 | 00:32:28 | 13-SenF | UAT TERRARUNERS |
| 191 | 132 | Carme Campoy Guerrero | F | 15 | 01:49:57 | 00:05:39 | 00:19:07 | 00:33:14 | 2-VetF | C.A. MANRESA |
| 192 | 173 | Jordi Corrons I Boix | | | 01:49:59 | 00:05:39 | 00:17:35 | 00:31:20 | 110-SenM | C.A. MANRESA |
| 193 | 322 | Josep Vila González | | | 01:50:04 | 00:05:39 | 00:18:42 | 00:32:22 | 111-SenM | DIEDRE |
| 194 | 66 | Robert Vallecillos Zamora | | | 01:50:07 | 00:05:39 | 00:17:59 | 00:31:26 | 57-VetM | |
| 195 | 83 | Israel Planes Santamaria | | | 01:50:11 | 00:05:40 | 00:18:16 | 00:31:53 | 112-SenM | |
| 196 | 179 | Francisco José Pérez Laffont | | | 01:50:14 | 00:05:40 | 00:18:58 | 00:32:47 | 12-MasM | |
| 197 | 80 | Montserrat Vilaró | F | 16 | 01:50:17 | 00:05:40 | 00:19:14 | 00:33:16 | 3-VetF | C.A. MANRESA |
| 198 | 136 | Xavier Prat Cobo | | | 01:50:28 | 00:05:40 | 00:17:54 | 00:31:40 | 113-SenM | |
| 199 | 73 | Lluc Bernades Alfaro | | | 01:50:45 | 00:05:41 | 00:18:01 | 00:32:04 | 114-SenM | |
| 200 | 36 | Carles Paz Torres | | | 01:51:01 | 00:05:42 | 00:17:47 | 00:31:31 | 115-SenM | |
| 201 | 334 | Sebastià Altimiras Badia | | | 01:51:21 | 00:05:43 | 00:18:36 | 00:32:35 | 58-VetM | |
| 202 | 191 | David Riu Bojans | | | 01:51:31 | 00:05:44 | 00:18:29 | 00:32:23 | 116-SenM | |
| 203 | | Gyongy-Viola Pusok | F | 17 | 01:52:00 | 00:05:45 | 00:17:57 | 00:32:14 | 14-SenF | |
| 204 | 137 | Oriol Vila Torras | | | 01:52:22 | 00:05:46 | 00:17:46 | 00:32:09 | 117-SenM | |
| 205 | 151 | José Castellet | | | 01:52:25 | 00:05:46 | | 00:34:34 | 13-MasM | |
| 206 | 264 | Antoni Sánchez Mercader | | | 01:52:48 | 00:05:48 | 00:18:39 | 00:32:41 | 118-SenM | |
| 207 | 125 | Jaume Pares Esplugas | | | 01:53:02 | 00:05:48 | 00:18:56 | 00:32:57 | 59-VetM | PEÑA PARRIBA |
| 208 | 278 | Albert Garcia Gisbert | | | 01:53:17 | 00:05:49 | 00:19:51 | 00:34:06 | 119-SenM | CONVERGENCIA DEMOCRATICA |
| 209 | 274 | Juan Antonio Balazote Villar | | | 01:53:23 | 00:05:49 | 00:19:17 | 00:33:11 | 60-VetM | |
| 210 | 207 | Jordi Homs Torras | | | 01:53:29 | 00:05:50 | 00:18:36 | 00:32:37 | 61-VetM | C.EXC.MONTSERRAT |
| 211 | 312 | David Junyent Morales | | | 01:54:30 | 00:05:53 | 00:21:32 | 00:33:33 | 120-SenM | CLUB EXCURSIONISTA CALLÚS |
| 212 | 308 | Antoni Gardeñas Llorente | | | 01:54:34 | 00:05:53 | 00:19:20 | 00:33:43 | 14-MasM | |
| 213 | 51 | Amadeu Herrera Gomez | | | 01:54:50 | 00:05:54 | 00:19:22 | 00:34:31 | 15-MasM | 2X2 SANTPEDOR |
| 214 | 24 | Toni Aljama Cuenca | | | 01:54:50 | 00:05:54 | 00:19:50 | 00:33:47 | 121-SenM | PENYA BONAVISTA |
| 215 | 320 | Francesc Palomar | | | 01:54:56 | 00:05:54 | 00:19:44 | 00:33:48 | 122-SenM | |
| 216 | 98 | Marc Abad Clarena | | | 01:55:19 | 00:05:55 | 00:17:52 | 00:31:37 | 123-SenM | VERTICRUNNERS |
| 217 | 26 | Josep Maria Freixa Planas | | | 01:55:35 | 00:05:56 | 00:19:07 | 00:33:06 | 62-VetM | |
| 218 | 122 | Santi Mateo Lanza | | | 01:55:48 | 00:05:57 | 00:20:11 | 00:35:37 | 63-VetM | |
| 219 | 307 | Lluís Reyes López | | | 01:56:03 | 00:05:58 | 00:17:26 | 00:31:17 | 64-VetM | |
| 220 | 157 | Josep Manel Pérez Abellan | | | 01:56:12 | 00:05:58 | 00:18:47 | 00:32:45 | 65-VetM | C.E.FARNERS |
| 221 | 163 | Marc Sibila Vidal | | | 01:56:19 | 00:05:58 | 00:20:25 | 00:35:09 | 66-VetM | |
| 222 | 259 | Xavier Hidalgo Oliva | | | 01:56:35 | 00:05:59 | 00:20:07 | 00:34:37 | 124-SenM | OLIMPIC MANLLEU |
| 223 | 235 | Jaime Gabernet Mañez | | | 01:56:36 | 00:05:59 | 00:20:04 | 00:34:44 | 16-MasM | |
| 224 | 285 | Xevi Vallejo Serrano | | | 01:56:36 | 00:05:59 | 00:19:02 | 00:33:30 | 125-SenM | |
| 225 | 76 | Xesca Sala Farré | F | 18 | 01:56:41 | 00:05:59 | 00:19:55 | 00:33:56 | 4-VetF | CE. OLÓ |
| 226 | 18 | Jordi Comas Sala | | | 01:56:44 | 00:06:00 | 00:20:12 | 00:35:07 | 17-MasM | |
| 227 | 206 | German Garcia Casimiro | | | 01:56:47 | 00:06:00 | 00:18:03 | 00:31:36 | 126-SenM | |
| 228 | 43 | Albert De La Rosa | | | 01:56:50 | 00:06:00 | 00:18:11 | 00:32:15 | 67-VetM | |
| 229 | 88 | Ismael Flores Campoy | | | 01:56:55 | 00:06:00 | 00:19:11 | 00:33:12 | 127-SenM | ASS. ESP. MOUNTAIN RUNNERS |
| 230 | 171 | Sara Prat Escarré | F | 19 | 01:57:02 | 00:06:01 | 00:19:39 | 00:33:54 | 15-SenF | MOUNTAIN RUNNERS |
| 231 | 346 | Dolors Garcia Campos | F | 20 | 01:57:07 | 00:06:01 | 00:19:48 | 00:34:35 | 16-SenF | ESTIVAL PARK SALOU |
| 232 | 232 | Quim Soley I Rimblas | | | 01:57:08 | 00:06:01 | 00:18:53 | 00:33:33 | 68-VetM | C.A. SENTMENAT |
| 233 | 277 | Antonio Perez De La Vega | | | 01:57:16 | 00:06:01 | 00:19:13 | 00:34:22 | 69-VetM | AMICS DE LA CURSA D'ARTES |
| 234 | 202 | Jordi Reixachs Rovira | | | 01:57:52 | 00:06:03 | 00:19:10 | 00:33:36 | 18-MasM | UEC Anoia |
| 235 | | Albert Noguera Boronat | | | 01:58:03 | 00:06:04 | 00:19:53 | 00:35:15 | 128-SenM | |
| 236 | 288 | Xavier Alsina Bueno | | | 01:58:04 | 00:06:04 | 00:19:54 | 00:35:17 | 129-SenM | C.A. MANRESA |

| | | | | | | | | | | |
|-----|-----|----------------------------|---|----|----------|----------|----------|----------|----------|-----------------------------|
| 237 | 37 | Josep Calduch Gros | | | 01:58:24 | 00:06:05 | 00:19:30 | 00:33:01 | 19-MasM | C.A. MANRESA |
| 238 | 344 | Ricard Bahí Albuquerque | | | 01:58:51 | 00:06:06 | 00:20:08 | 00:35:35 | 70-VetM | C.A. MANRESA |
| 239 | 14 | Katherine Chaplin | F | 21 | 01:59:06 | 00:06:07 | 00:19:08 | 00:33:45 | 17-SenF | ST LLORENÇ SAVALL |
| 240 | 182 | Bònia Bruguera Vegara | F | 22 | 01:59:48 | 00:06:09 | 00:19:49 | 00:34:32 | 18-SenF | C.A. VIC |
| 241 | 49 | Antonio Martin Cruz | | | 01:59:49 | 00:06:09 | 00:20:09 | 00:34:51 | 71-VetM | |
| 242 | 174 | Carles Clusella Cobero | | | 02:00:04 | 00:06:10 | 00:18:23 | 00:34:27 | 130-SenM | C. E. 2X2 SANTPEDOR |
| 243 | 30 | Oscar Carretero Aliste | | | 02:00:15 | 00:06:10 | 00:19:58 | 00:34:50 | 131-SenM | |
| 244 | 48 | Jordi Serra Flores | | | 02:00:40 | 00:06:12 | 00:20:10 | 00:35:28 | 72-VetM | |
| 245 | 42 | Jordi Llanas Cabrera | | | 02:00:46 | 00:06:12 | 00:19:58 | 00:34:39 | 132-SenM | COMELEC |
| 246 | 63 | Jordi Freixas Pellicer | | | 02:00:58 | 00:06:13 | 00:21:20 | 00:36:16 | 133-SenM | |
| 247 | 142 | Ferran Pujol Farres | | | 02:01:12 | 00:06:13 | 00:19:28 | 00:34:47 | 20-MasM | |
| 248 | 87 | Sergio Garcia Chaparro | | | 02:01:53 | 00:06:15 | 00:20:51 | 00:35:59 | 134-SenM | DYEDRE |
| 249 | 127 | Jesus Garcia Ramirez | | | 02:01:57 | 00:06:16 | 00:20:11 | 00:35:05 | 135-SenM | J'ARRIBU |
| 250 | 165 | David Ribas Sorolla | | | 02:02:36 | 00:06:18 | 00:19:39 | 00:33:37 | 136-SenM | CENTRE EXCURSIONISTA PREMIA |
| 251 | 58 | Eric Prat Membrive | | | 02:03:21 | 00:06:20 | 00:18:15 | 00:32:12 | 137-SenM | |
| 252 | 19 | Dolors Saavedra Vilchez | F | 23 | 02:04:18 | 00:06:23 | 00:21:06 | 00:36:03 | 5-VetF | |
| 253 | 97 | Jordi Sert Sanpons | | | 02:04:42 | 00:06:24 | 00:20:49 | 00:36:14 | 73-VetM | |
| 254 | 319 | Pedro Garcia Garcia Ruiz | | | 02:04:46 | 00:06:24 | 00:19:30 | 00:34:56 | 21-MasM | |
| 255 | 94 | Marc Cases Guarc | | | 02:05:32 | 00:06:27 | 00:19:50 | 00:34:41 | 138-SenM | CENTRE EXCURSIONISTA ABRERA |
| 256 | 176 | Antoni Codina Pedrero | | | 02:06:04 | 00:06:28 | 00:19:56 | 00:35:25 | 22-MasM | |
| 257 | 239 | Marc Sabata Castella | | | 02:06:14 | 00:06:29 | 00:19:50 | 00:35:04 | 139-SenM | 2X2 SANTPEDOR |
| 258 | 67 | Alba Junyent Prat | F | 24 | 02:06:32 | 00:06:30 | 00:20:19 | 00:35:55 | 19-SenF | |
| 259 | 168 | Samuel López Castaño | | | 02:09:06 | 00:06:38 | 00:21:07 | 00:36:45 | 140-SenM | |
| 260 | 119 | Javier Sardiña Albas | | | 02:09:19 | 00:06:38 | 00:20:55 | 00:36:55 | 74-VetM | PEÑA PARRIBA |
| 261 | 289 | Josep Pascual Catala | | | 02:09:33 | 00:06:39 | 00:21:08 | 00:37:23 | 23-MasM | |
| 262 | 45 | Didac Jimenez Martinez | | | 02:09:33 | 00:06:39 | 00:21:12 | 00:37:24 | 24-MasM | |
| 263 | 342 | Alicia Bofarull Castro | F | 25 | 02:09:50 | 00:06:40 | 00:20:18 | 00:35:42 | 6-VetF | VERTICRUNNERS |
| 264 | 261 | Juan Carlos Ruano Domenech | | | 02:11:19 | 00:06:45 | 00:20:42 | 00:35:52 | 75-VetM | |
| 265 | 77 | Carles Pastor Garcia | | | 02:11:23 | 00:06:45 | 00:20:37 | 00:38:11 | 76-VetM | |
| 266 | 123 | Marta Jovés Casaponsa | F | 26 | 02:11:29 | 00:06:45 | 00:20:50 | 00:38:14 | 20-SenF | 2X2 SANTPEDOR |
| 267 | 124 | Edgar Nebot Hernández | | | 02:11:29 | 00:06:45 | 00:20:51 | 00:38:09 | 141-SenM | 2X2 SANTPEDOR |
| 268 | 149 | Scott Andrew Baines | | | 02:11:48 | 00:06:46 | 00:20:21 | 00:37:39 | 142-SenM | |
| 269 | 62 | Joan Gil Mas | | | 02:11:51 | 00:06:46 | 00:23:40 | 00:40:20 | 77-VetM | MUNTANYENC DE TERRASSA |
| 270 | 349 | Jelle De Pot | | | 02:13:05 | 00:06:50 | 00:19:27 | 00:33:41 | 143-SenM | PINXU POWER |
| 271 | 290 | Sonia Sanchez Rubio | F | 27 | 02:13:31 | 00:06:51 | 00:21:35 | 00:39:52 | 21-SenF | C.A. BORGES |
| 272 | 114 | Miguel Muñoz Palomo | | | 02:14:48 | 00:06:55 | 00:19:55 | 00:35:02 | 144-SenM | |
| 273 | 180 | Montserrat Rafart Boix | F | 28 | 02:15:51 | 00:06:58 | 00:21:38 | 00:38:26 | 22-SenF | |
| 274 | 78 | Eva Galvez Llaves | F | 29 | 02:17:08 | 00:07:02 | 00:22:20 | 00:38:39 | 23-SenF | |
| 275 | 54 | Jordi Roy Torras | | | 02:20:37 | 00:07:13 | 00:20:34 | 00:39:06 | 25-MasM | C.A. MANRESA |
| 276 | 188 | Pedro Valero Merlos | | | 02:27:34 | 00:07:35 | 00:24:30 | 00:41:50 | 145-SenM | |
| 277 | 120 | Sergi Echegaray Sales | | | 02:30:15 | 00:07:43 | 00:19:51 | 00:43:36 | 146-SenM | PARRIBA |
| 278 | 316 | Rosa Dolset | F | 30 | 02:31:50 | 00:07:48 | 00:22:54 | 00:39:07 | 7-VetF | |
| 279 | 315 | Hipolit Moreno Llagostera | | | 02:31:50 | 00:07:48 | 00:22:56 | 00:40:07 | 147-SenM | C. MUNTANYENC SANT CUGAT |
| 280 | 203 | Silvia Fernandez Baños | F | 31 | 02:38:16 | 00:08:07 | 00:24:22 | 00:41:56 | 24-SenF | |
| 281 | 244 | Montserrat Subirana I Font | F | 32 | 02:42:36 | 00:08:21 | 00:24:39 | 00:45:47 | 25-SenF | XINO-XANO |
| 282 | 186 | Dolors Crispí Alsina | F | 33 | 02:42:37 | 00:08:21 | 00:24:37 | 00:45:59 | 26-SenF | XINO-XANO |

Resultats per ChampionChip www.yellowchip.com Data: 28/03/2010 Hora: 12:49:16

3ª Cursa de Muntanya de Manresa 2010

28-mar-2010 Distància: 19.500 mtrs

Premis general

Homes

| Lloc | Drs | Nombre | Temps | T_P1 | P2 | Cat | NomClub |
|------|-----|-----------------------------|----------|----------|----------|------|--------------|
| 1 | 1 | Just Sociats Asensio | 01:15:10 | 00:13:50 | 00:21:43 | SenM | C.A. MANRESA |
| 2 | 3 | Josep Barrufet Torreguitart | 01:16:04 | 00:13:51 | 00:22:33 | SenM | C.A. VIC |
| 3 | 2 | Sergi Rodriguez Jimenez | 01:17:09 | 00:13:51 | 00:23:11 | SenM | C.A. MANRESA |

Dones

| Lloc | Drs | Nombre | Temps | T_P1 | P2 | Cat | NomClub |
|------|-----|--------------------------|----------|----------|----------|------|-----------------|
| 1 | 8 | Montse Martinez Guerrero | 01:31:23 | 00:15:32 | 00:26:42 | SenF | ASS ESP. DIEDRE |
| 2 | 250 | Susana Lopez Santos | 01:32:34 | 00:15:40 | 00:27:04 | SenF | |
| 3 | 7 | Nuria Picas Albets | 01:35:08 | 00:15:59 | 00:27:53 | SenF | C.A. MANRESA |

Resultats per ChampionChip www.yellowchip.com Data: 28/03/2010 Hora: 12:29:13

3ª Cursa de Muntanya de Manresa 2010

28-mar-2010 Distància: 19.500 mtrs

Categories Homes

SenM Inscrits: 171 Arribats 145

| LI | Cat | Drs | NomCognoms | Temps | P1 | P2 | NomClub |
|----|-----|----------------------|------------|----------|----------|------------------|---------|
| 4 | 169 | David Sanchez Doña | 01:17:34 | 00:13:49 | 00:21:59 | ASS. ESP. DIEDRE | |
| 5 | 46 | Sergi Verges Rocher | 01:18:42 | 00:13:50 | 00:22:32 | | |
| 6 | 333 | Jordi Calduch Prat | 01:19:42 | 00:14:01 | 00:23:19 | C.A. MANRESA | |
| 7 | 293 | Jordi Pàmies Carrión | 01:21:24 | 00:13:59 | 00:23:20 | BORGES TRAIL | |
| 8 | 4 | Eric Diaz Martin | 01:22:17 | 00:13:50 | 00:22:39 | ASS ESP. DIEDRE | |

VetM Inscrits: 89 Arribats 77

| LI | Cat | Drs | NomCognoms | Temps | P1 | P2 | NomClub |
|----|-----|----------------------------|------------|----------|----------|----------------|---------|
| 1 | 198 | Javi Delgado Lopez | 01:19:34 | 00:14:06 | 00:23:23 | Spiridon | |
| 2 | 144 | Esteban Ramirez Rodriguez | 01:19:39 | 00:14:01 | 00:23:07 | U. A. TERRASSA | |
| 3 | 134 | Josep Gras Vives | 01:24:11 | 00:14:36 | 00:24:05 | C.A. MANRESA | |
| 4 | 267 | Quim Raich Balague | 01:24:12 | 00:15:00 | 00:23:57 | CP PUIGCERDA | |
| 5 | 52 | Benvingut Oliveras Mangane | 01:25:08 | 00:14:23 | 00:24:50 | C.A. MANRESA | |

MasM Inscrits: 30 Arribats 25

| LI | Cat | Drs | NomCognoms | Temps | P1 | P2 | NomClub |
|----|-----|---------------------------|------------|----------|----------|--------------------|---------|
| 1 | 187 | Jordi Sanchez Lacort | 01:28:43 | 00:15:11 | 00:25:13 | | |
| 2 | 253 | Joan Torrents Marmi | 01:30:55 | 00:15:36 | 00:27:00 | CLUB ATLETIC BERGA | |
| 3 | 231 | Jose Martinez Abadias | 01:40:24 | 00:16:37 | 00:29:38 | RUNNING VALLES | |
| 4 | 22 | Josep Comas Closa | 01:41:12 | 00:16:01 | 00:29:40 | C.A. MANRESA | |
| 5 | 208 | Josep Antoni Martinez Gea | 01:43:48 | 00:17:07 | 00:30:19 | C.A. MANRESA | |

Resultats per ChampionChip www.yellowchip.com Data: 28/03/2010 Hora: 12:31:01

3ª Cursa de Muntanya de Manresa 2010

28-mar-2010 Distància: 19.500 mtrs

Categories Dones

| SenF | | Inscrits: | 35 Arribats | | | 23 |
|--------------|------------|--------------------------|--------------------|-----------|-----------|--------------------------|
| LICat | Drs | NomCognoms | Temps | P1 | P2 | NomClub |
| 4 | 11 | Sara Vila Raya | 01:36:30 | 00:16:18 | 00:27:42 | FONDISTES SOLSONES |
| 5 | 89 | Silvia Sanchez Carrascal | 01:37:14 | 00:16:10 | 00:27:22 | |
| 6 | 90 | Yolanda Garcia Saez | 01:37:17 | 00:16:58 | 00:28:29 | |
| 7 | 61 | Alba Corredera Flotats | 01:43:18 | 00:15:55 | 00:27:59 | C.A. MANRESA |
| 8 | 190 | Tina Gomez Pujols | 01:44:07 | 00:17:36 | 00:29:52 | Muntain runners bergueda |

| VetF | | Inscrits: | 7 Arribats | | | 6 |
|--------------|------------|-------------------------|-------------------|-----------|-----------|----------------|
| LICat | Drs | NomCognoms | Temps | P1 | P2 | NomClub |
| 1 | 197 | Nuria Camps Jaraba | 01:45:35 | 00:18:13 | 00:31:57 | |
| 2 | 132 | Carme Campoy Guerrero | 01:49:57 | 00:19:07 | 00:33:14 | C.A. MANRESA |
| 3 | 80 | Montserrat Vilaró | 01:50:17 | 00:19:14 | 00:33:16 | C.A. MANRESA |
| 4 | 76 | Xesca Sala Farré | 01:56:41 | 00:19:55 | 00:33:56 | CE. OLÓ |
| 5 | 19 | Dolors Saavedra Vilchez | 02:04:18 | 00:21:06 | 00:36:03 | |

Resultats per ChampionChip www.yellowchip.com Data: 28/03/2010 Hora: 12:30:42

3ª Cursa de Muntanya de Manresa 2010

28-mar-2010 Distància: 19.500 mtrs

Classificacions Oficials Temps Pujada

| Drs | Nom_Cognoms | Sx | Pujada | T_Final | Peu | Cim | NomClub |
|-----|-------------------------------|----|-----------|----------|----------|----------|------------------------------|
| 1 | Just Sociats Asensio | | 0:07:53.0 | 01:15:10 | 00:13:50 | 00:21:43 | C.A. MANRESA |
| 169 | David Sanchez Doña | | 0:08:09.8 | 01:17:34 | 00:13:49 | 00:21:59 | ASS. ESP. DIEDRE |
| 46 | Sergi Verges Rocher | | 0:08:41.7 | 01:18:42 | 00:13:50 | 00:22:32 | |
| 3 | Josep Barrufet Torreguitart | | 0:08:42.0 | 01:16:04 | 00:13:51 | 00:22:33 | C.A. VIC |
| 4 | Eric Diaz Martin | | 0:08:49.2 | 01:22:17 | 00:13:50 | 00:22:39 | ASS ESP. DIEDRE |
| 267 | Quim Raich Balague | | 0:08:56.3 | 01:24:12 | 00:15:00 | 00:23:57 | CP PUIGCERDA |
| 144 | Esteban Ramirez Rodriguez | | 0:09:06.3 | 01:19:39 | 00:14:01 | 00:23:07 | U. A. TERRASSA |
| 246 | Xevi Vidal Subinya | | 0:09:09.9 | 01:23:11 | 00:14:48 | 00:23:58 | C.A. VIC |
| 198 | Javi Delgado Lopez | | 0:09:17.3 | 01:19:34 | 00:14:06 | 00:23:23 | Spiridon |
| 333 | Jordi Calduch Prat | | 0:09:17.8 | 01:19:42 | 00:14:01 | 00:23:19 | C.A. MANRESA |
| 2 | Sergi Rodriguez Jimenez | | 0:09:19.4 | 01:17:09 | 00:13:51 | 00:23:11 | C.A. MANRESA |
| 293 | Jordi Pàmies Carrión | | 0:09:21.5 | 01:21:24 | 00:13:59 | 00:23:20 | BORGES TRAIL |
| 134 | Josep Gras Vives | | 0:09:29.1 | 01:24:11 | 00:14:36 | 00:24:05 | C.A. MANRESA |
| 143 | Francesc Gràcia López | | 0:09:41.1 | 01:24:06 | 00:14:14 | 00:23:55 | OLIMPIC MANLLEU |
| 192 | Jaume Bragulat Ros | | 0:09:59.5 | 01:25:21 | 00:14:14 | 00:24:14 | 2x2 Santpedor |
| 183 | Oriol Baró Fajula | | 0:09:59.5 | 01:32:11 | 00:15:47 | 00:25:47 | A.E.LILLET |
| 238 | Dani Bordallo Rovira | | 0:09:59.7 | 01:24:39 | 00:14:29 | 00:24:29 | C.A. VIC |
| 187 | Jordi Sanchez Lacort | | 0:10:02.1 | 01:28:43 | 00:15:11 | 00:25:13 | |
| 260 | Ramon Corominas Santanach | | 0:10:03.8 | 01:26:35 | 00:14:28 | 00:24:32 | C.A. VIC |
| 159 | Ramon Capdevila Pla | | 0:10:13.7 | 01:26:46 | 00:14:41 | 00:24:55 | DIEDRE |
| 340 | Albert Llorens Ayllon | | 0:10:20.2 | 01:25:13 | 00:14:40 | 00:25:01 | |
| 200 | Miguel A. Sanz Sierra | | 0:10:20.3 | 01:27:25 | 00:15:11 | 00:25:31 | |
| 301 | Jordi Arola Farrés | | 0:10:23.6 | 01:25:42 | 00:14:25 | 00:24:48 | C.A. MANRESA |
| 110 | Ramon Torne Serra | | 0:10:24.9 | 01:24:04 | 00:14:27 | 00:24:52 | T1 MUNTANYA |
| 52 | Benvingut Oliveras Manganell | | 0:10:26.8 | 01:25:08 | 00:14:23 | 00:24:50 | C.A. MANRESA |
| 162 | Joan Trabal Roma | | 0:10:28.6 | 01:33:17 | 00:14:43 | 00:25:12 | UEM |
| 233 | Quico Linares Carreter | | 0:10:28.8 | 01:23:39 | 00:14:25 | 00:24:53 | C.A. MANRESA |
| 199 | Sergi Cots Sotoca | | 0:10:29.2 | 01:28:14 | 00:15:04 | 00:25:33 | FAES |
| 172 | Pere Castillo Martinez | | 0:10:31.2 | 01:24:30 | 00:14:38 | 00:25:10 | U. A. TERRASSA |
| 175 | Jordi Parareda Nadeu | | 0:10:32.4 | 01:27:56 | 00:15:14 | 00:25:46 | C.A. VIC |
| 40 | Jordi Fernandez | | 0:10:33.5 | 01:29:47 | 00:15:17 | 00:25:50 | C.M.MONISTROL |
| 268 | Jordi Riera Pol | | 0:10:35.0 | 01:40:01 | 00:15:02 | 00:25:37 | 4000 PEUS COLLBATÓ |
| 304 | Amand Redondo Brunet | | 0:10:37.5 | 01:27:40 | 00:14:51 | 00:25:29 | C.A. MANRESA |
| 5 | Marc Pages Bataller | | 0:10:39.1 | 01:29:04 | 00:15:10 | 00:25:49 | GEIEG |
| 146 | Jordi Bayona Sivila | | 0:10:39.8 | 01:29:57 | 00:14:59 | 00:25:39 | GIMBE |
| 92 | Toni Beltran Soldevila | | 0:10:43.7 | 01:32:18 | 00:15:41 | 00:26:25 | CECB |
| 345 | Joan Closa Pladveya | | 0:10:44.2 | 01:36:03 | 00:15:47 | 00:26:31 | MOUNTAIN RUNNERS DEL BERGADA |
| 270 | Alfons Esquius Miquel | | 0:10:45.7 | 01:26:11 | 00:14:41 | 00:25:27 | C.A. MANRESA |
| 348 | Albert Comellas Perea | | 0:10:47.3 | 01:27:13 | 00:14:43 | 00:25:30 | |
| 330 | Ramon Torra Buscart | | 0:10:54.5 | 01:32:28 | 00:15:15 | 00:26:10 | C.A. MANRESA |
| 32 | Jordi Evangelio Martinez | | 0:10:58.9 | 01:29:29 | 00:15:07 | 00:26:06 | |
| 107 | Francisco Roura Martin | | 0:10:59.2 | 01:32:27 | 00:15:46 | 00:26:45 | PEÑA PARRIBA |
| 194 | Xavier Falip Pujols | | 0:11:00.6 | 01:29:41 | 00:15:17 | 00:26:17 | |
| 69 | Francisco Ruiz Roman | | 0:11:04.1 | 01:33:11 | 00:15:32 | 00:26:36 | CENTRE EXC. CARDONA |
| 13 | Oriol Asensio Ribera | | 0:11:05.8 | 01:31:15 | 00:16:00 | 00:27:06 | C.A. VIC |
| 126 | Francisco Jose Garcia Ramirez | | 0:11:07.0 | 01:30:45 | 00:15:16 | 00:26:23 | J'ARRIBU |
| 152 | Gerard Olivares Codina | | 0:11:07.8 | 01:26:56 | 00:14:35 | 00:25:42 | C.A. MANRESA |
| 8 | Montse Martinez Guerrero | F | 0:11:09.3 | 01:31:23 | 00:15:32 | 00:26:42 | ASS ESP. DIEDRE |
| 89 | Silvia Sanchez Carrascal | F | 0:11:11.8 | 01:37:14 | 00:16:10 | 00:27:22 | |
| 350 | Xevi Garcia Gil | | 0:11:13.5 | 01:30:38 | 00:15:20 | 00:26:34 | GI C.B. - C. A. PALAFRUGELL |
| 337 | Bernat López García | | 0:11:16.8 | 01:33:53 | 00:15:42 | 00:26:59 | RITTAL DISPREU |
| 139 | Ramon Jorba Dordal | | 0:11:18.9 | 01:35:21 | 00:17:16 | 00:28:35 | |
| 11 | Sara Vila Raya | F | 0:11:23.1 | 01:36:30 | 00:16:18 | 00:27:42 | FONDISTES SOLSONES |
| 117 | Joan Antoni Martinez Salles | | 0:11:23.6 | 01:32:27 | 00:15:52 | 00:27:16 | |
| 250 | Susana Lopez Santos | F | 0:11:23.6 | 01:32:34 | 00:15:40 | 00:27:04 | |
| 253 | Joan Torrents Marmi | | 0:11:24.3 | 01:30:55 | 00:15:36 | 00:27:00 | CLUB ATLETIC BERGA |
| 276 | Josep Ballonga | | 0:11:24.9 | 01:31:10 | 00:16:04 | 00:27:29 | |
| 347 | Ricard Gimenez Hernandez | | 0:11:25.2 | 01:28:29 | 00:15:04 | 00:26:29 | |
| 59 | Jaume Masana Ribalta | | 0:11:25.9 | 01:32:56 | 00:15:30 | 00:26:56 | C.A. MANRESA |
| 294 | Franky Rivera Moreno | | 0:11:29.3 | 01:36:52 | 00:16:02 | 00:27:32 | |
| 90 | Yolanda Garcia Saez | F | 0:11:31.0 | 01:37:17 | 00:16:58 | 00:28:29 | |
| 138 | Toni Garcia Llorens | | 0:11:31.2 | 01:32:15 | 00:15:41 | 00:27:13 | |
| 55 | Salvador Fontane Masnou | | 0:11:31.6 | 01:32:43 | 00:16:11 | 00:27:43 | C.A. MANRESA |

| | | | | | | | |
|-----|--------------------------------|---|-----------|----------|----------|----------|--------------------------------|
| 79 | Josep Lluís Medina Torrego | | 0:11:32.4 | 01:34:37 | 00:15:58 | 00:27:30 | |
| 147 | Joan Busquets Planas | | 0:11:35.2 | 01:32:06 | 00:15:51 | 00:27:26 | |
| 150 | Joan Ibañez Moreno | | 0:11:36.7 | 01:32:10 | 00:15:42 | 00:27:19 | C.E. PUIGCASTELLAR |
| 258 | Francesc Serra Canals | | 0:11:37.0 | 01:34:55 | 00:16:39 | 00:28:16 | CENTRE EXCURSIONISTA D'AVINYÓ |
| 335 | Alberto Perez Valero | | 0:11:37.9 | 01:32:25 | 00:15:33 | 00:27:11 | VERTICRUNNERS |
| 128 | Andres Figueroa Riego | | 0:11:40.1 | 01:32:20 | 00:15:34 | 00:27:14 | PEÑA PARRIBA |
| 74 | Eduard Merino Farran | | 0:11:40.9 | 01:43:42 | 00:17:14 | 00:28:55 | MOUNTAIN RUNNERS DEL BERGUEDA |
| 306 | Carles Miralles Toro | | 0:11:42.7 | 01:36:49 | 00:15:45 | 00:27:28 | CENTRE EXCURSIONISTA CALLÚS |
| 12 | Nil Corominas Perarie | | 0:11:43.6 | 01:40:08 | 00:16:06 | 00:27:49 | C.A. VIC |
| 116 | Ricard Cosp Trafi | | 0:11:43.6 | 01:37:04 | 00:15:51 | 00:27:34 | C.A. MANRESA |
| 160 | Marc Cortina Plaixats | | 0:11:45.3 | 01:40:19 | 00:15:24 | 00:27:10 | |
| 27 | Jordi Boy Mas | | 0:11:45.7 | 01:35:41 | 00:17:18 | 00:29:04 | |
| 28 | Josep Padullers Vendrell | | 0:11:48.5 | 01:32:57 | 00:15:35 | 00:27:24 | |
| 189 | Miquel Malet Duran | | 0:11:52.2 | 01:41:20 | 00:16:42 | 00:28:34 | G. EXC. FORCES, FORTS I FERMS |
| 296 | Eduard Aregall Romeu | | 0:11:53.3 | 01:37:15 | 00:16:53 | 00:28:46 | NATS |
| 111 | Jordi Cots Sotoca | | 0:11:53.4 | 01:32:06 | 00:15:52 | 00:27:46 | |
| 153 | Xavier Sanchez Fernandez | | 0:11:53.8 | 01:34:20 | 00:15:46 | 00:27:40 | C.A. MANRESA |
| 7 | Nuria Picas Albets | F | 0:11:54.0 | 01:35:08 | 00:15:59 | 00:27:53 | C.A. MANRESA |
| 195 | Jordi Valles I Domingo | | 0:11:55.4 | | 00:15:49 | 00:27:44 | C.E Santa Coloma Queralt |
| 121 | Francesc Llobet Esquius | | 0:11:57.2 | 01:34:14 | 00:15:50 | 00:27:47 | UEC ANOIA |
| 60 | David Griera Perramon | | 0:11:57.3 | 01:36:36 | 00:15:59 | 00:27:57 | C.A. MANRESA |
| 9 | Aitana Domenech Martinez | F | 0:11:58.2 | 01:45:12 | 00:17:04 | 00:29:02 | C EXCTA MOLINS REI |
| 282 | Xavier Corpas Morales | | 0:11:58.7 | 01:34:49 | 00:16:29 | 00:28:28 | CLUB ATLETISME ESPARREGUERA |
| 269 | Diego Gálvez Romero | | 0:12:01.0 | 01:34:11 | 00:15:37 | 00:27:38 | |
| 201 | Dani Morales Morillas | | 0:12:01.2 | 01:39:14 | 00:16:06 | 00:28:07 | Diedra |
| 167 | David Folch Calveras | | 0:12:01.2 | 01:35:10 | 00:15:53 | 00:27:54 | |
| 312 | David Junyent Morales | | 0:12:01.4 | 01:54:30 | 00:21:32 | 00:33:33 | CLUB EXCURSIONISTA CALLÚS |
| 300 | Joan Delgado Parejo | | 0:12:01.5 | 01:36:42 | 00:16:55 | 00:28:56 | |
| 327 | Francesc Codina Ramon | | 0:12:01.5 | 01:35:13 | 00:16:13 | 00:28:15 | FONDISTES PONTS |
| 193 | Xavier Dalmau Lletjos | | 0:12:02.5 | 01:40:29 | 00:16:49 | 00:28:51 | |
| 61 | Alba Corredera Flotats | F | 0:12:03.8 | 01:43:18 | 00:15:55 | 00:27:59 | C.A. MANRESA |
| 102 | Martí Just Calderer | | 0:12:04.2 | 01:34:30 | 00:15:56 | 00:28:00 | MOUNTAIN RUNNERS |
| 166 | Antoni Garcia Nieto | | 0:12:06.3 | 01:34:19 | 00:16:05 | 00:28:11 | |
| 209 | Roger Sala | | 0:12:06.6 | 01:41:32 | 00:16:43 | 00:28:49 | |
| 38 | Joan Ramon Badia Soler | | 0:12:08.3 | 01:32:59 | 00:15:54 | 00:28:03 | |
| 108 | Valenti Pons Esquius | | 0:12:08.4 | 01:36:29 | 00:16:01 | 00:28:09 | 2X2 SANTPEDOR |
| 21 | Jordi Olmedo Lopez | | 0:12:09.9 | 01:47:29 | 00:17:14 | 00:29:24 | |
| 303 | Josep Beumala Busquet | | 0:12:10.0 | 01:38:27 | 00:16:50 | 00:29:00 | C. EXCUSIONISTA DE LA LLACUNA |
| 29 | Damian Lopez Buzon | | 0:12:11.9 | 01:36:12 | 00:16:08 | 00:28:20 | |
| 56 | Jordi Muñoz Marti | | 0:12:12.1 | 01:35:36 | 00:16:27 | 00:28:39 | |
| 323 | Carlos Martin Arias | | 0:12:13.2 | 01:36:15 | 00:16:00 | 00:28:13 | XINO-XANO |
| 135 | Alfred Beltran Soldevila | | 0:12:13.8 | 01:34:17 | 00:15:48 | 00:28:02 | CENTRE EXCURSIONISTA DE SÚRIA |
| 190 | Tina Gomez Pujols | F | 0:12:15.4 | 01:44:07 | 00:17:36 | 00:29:52 | Muntain runners bergueda |
| 75 | Albert Sala Farré | | 0:12:16.0 | 01:35:52 | 00:16:07 | 00:28:23 | CE OLÓ |
| 155 | Santi Sanchez Sanfeliu | | 0:12:17.8 | 01:38:17 | 00:16:09 | 00:28:27 | |
| 17 | Jose David Sanchez Guzman | | 0:12:20.3 | 01:37:44 | 00:16:12 | 00:28:32 | |
| 262 | Carlos Ruiz Alvarez | | 0:12:20.7 | 01:37:34 | 00:16:10 | 00:28:30 | |
| 299 | Juanjo Navarro Sanchez | | 0:12:22.1 | 01:45:08 | 00:18:24 | 00:30:46 | J.A. CASTELLBISBAL |
| 129 | Albert Viu Uribe | | 0:12:24.0 | 01:37:50 | 00:17:27 | 00:29:51 | |
| 328 | Manuel Romeo Algué | | 0:12:24.6 | 01:43:05 | 00:16:13 | 00:28:37 | FONDISTES PONTS |
| 305 | José Muñoz Pérez | | 0:12:24.9 | 01:41:07 | 00:16:50 | 00:29:15 | |
| 311 | Marc Sanclimens Solervicens | | 0:12:24.9 | 01:40:12 | 00:17:17 | 00:29:42 | CORREDORS.CAT |
| 343 | Carlos Jesús Utrilla Utrilla | | 0:12:28.8 | 01:48:31 | 00:17:26 | 00:29:55 | CDB TRIATLÓN CRIPTANA |
| 140 | David Pubill Cunill | | 0:12:30.4 | 01:39:42 | 00:16:28 | 00:28:58 | |
| 272 | Wenceslao Rolda Roldansalvador | | 0:12:35.4 | 01:36:20 | 00:16:12 | 00:28:48 | ATLETIC Cerdanyola |
| 15 | Miquel Cerdan Lagunas | | 0:12:35.5 | 01:37:54 | 00:17:03 | 00:29:38 | AMICS CURSA D'ARTES |
| 145 | Antoni Granero Rossinyol | | 0:12:39.3 | 01:45:25 | 00:17:23 | 00:30:02 | L'ASSOCIACIÓ ESPORTIVA MOUNTAI |
| 106 | Marià Trilla Clot | | 0:12:39.5 | 01:41:20 | 00:17:28 | 00:30:07 | |
| 82 | Ricard Feu Pané | | 0:12:40.4 | 01:37:33 | 00:16:03 | 00:28:44 | |
| 158 | Jordi Marquez Gonzalez | | 0:12:40.5 | 01:39:54 | 00:16:12 | 00:28:53 | FONDISTES CERVERA |
| 20 | Joan Badia Llado | | 0:12:40.7 | 01:38:19 | 00:17:01 | 00:29:42 | C.A. MANRESA |
| 105 | Arnau Clot Razquin | | 0:12:41.5 | 01:41:48 | 00:17:27 | 00:30:09 | |
| 113 | Marc Busquets Servitja | | 0:12:43.8 | 01:41:00 | 00:17:51 | 00:30:34 | |
| 103 | Marc Sellarés Gimenez | | 0:12:44.3 | 01:40:48 | 00:17:21 | 00:30:05 | NAVARCLES SKYRUNNERS |
| 57 | Marc Puigdellivol Sarri | | 0:12:44.4 | 01:42:20 | 00:17:16 | 00:30:00 | |
| | Carles Fernandez Martinez | | 0:12:45.0 | 01:38:19 | 00:17:00 | 00:29:45 | |
| 331 | Carlos Martinez Gonzalez | | 0:12:46.9 | 01:41:06 | 00:17:17 | 00:30:03 | CLUB CICLISTA PALLEJA |
| 178 | Carles Garcia I Pantrigo | | 0:12:47.1 | 01:43:09 | 00:17:02 | 00:29:49 | AMICS DE LA CURSA D'ARTES |
| 16 | Jordi Pujantell Cabanas | | 0:12:48.7 | 01:43:18 | 00:18:07 | 00:30:56 | FONDISTES SOLSONES |
| 44 | Domenec Grau | | 0:12:49.3 | 01:44:16 | 00:17:04 | 00:29:53 | |

| | | | | | | | |
|-----|--------------------------------|---|-----------|----------|----------|----------|-------------------------------|
| 86 | Albert Lleonart Boladeras | | 0:12:49.8 | 01:39:37 | 00:16:58 | 00:29:48 | CATALONIA EXPRESS |
| 245 | Cesc Calzada I Pages | | 0:12:52.1 | 01:40:59 | 00:16:52 | 00:29:44 | ROGER ROCA RUNNING |
| 109 | Ricard Gamisans Solà | | 0:12:54.8 | 01:43:59 | 00:17:02 | 00:29:57 | |
| 286 | Juan Carles Carrillo Sanchez | | 0:12:54.9 | 01:47:11 | 00:18:12 | 00:31:07 | ATLETIC BERGA |
| 177 | Esteve Sala Mordillo | | 0:12:55.6 | 01:40:59 | 00:16:51 | 00:29:47 | ROGER ROCA RUNNING |
| 85 | Raimon Arevalo Villarroya | | 0:12:56.6 | 01:43:56 | 00:17:00 | 00:29:56 | CATALONIA EXPRESS |
| 256 | Josep Baraldes Comas | | 0:12:57.3 | 01:40:41 | 00:17:01 | 00:29:59 | |
| 231 | Jose Martinez Abadias | | 0:13:00.4 | 01:40:24 | 00:16:37 | 00:29:38 | RUNNING VALLES |
| 50 | Eudald Camprubi | | 0:13:00.9 | 01:43:25 | 00:17:28 | 00:30:29 | |
| 33 | Santi Becerra Hernandez | | 0:13:01.6 | 01:44:58 | 00:18:20 | 00:31:21 | CE CARDONA |
| 53 | Xavier Tomasa Serrano | | 0:13:02.2 | 01:37:16 | 00:16:32 | 00:29:34 | CA BERGA |
| 284 | Carlos Saura Exposito | | 0:13:04.2 | 01:37:18 | 00:16:19 | 00:29:23 | ATLETIC Cerdanyola |
| 39 | Oscar Momino | | 0:13:06.7 | 01:43:49 | 00:17:01 | 00:30:07 | |
| 34 | Quim Grau Sala | | 0:13:07.2 | 01:40:07 | 00:17:29 | 00:30:36 | |
| 204 | Jaume Bayona Vila | | 0:13:10.0 | 01:48:02 | 00:17:30 | 00:30:40 | CLUB ATLETISME ESPARREGUERA |
| 104 | Joan Oller Mas | | 0:13:10.2 | 01:47:44 | 00:17:23 | 00:30:34 | NAVARCLES SKYRUNNERS |
| 208 | Josep Antoni Martinez Gea | | 0:13:11.6 | 01:43:48 | 00:17:07 | 00:30:19 | C.A. MANRESA |
| 292 | Ana Picon Sasot | F | 0:13:13.5 | 01:49:45 | 00:19:15 | 00:32:28 | UAT TERRARUNERS |
| 112 | Hugo Ortiz Martin | | 0:13:13.9 | | 00:17:29 | 00:30:42 | |
| 95 | Esteban Galindo López | | 0:13:14.3 | 01:41:06 | 00:17:30 | 00:30:44 | |
| 84 | Anna Quintana Barnils | F | 0:13:15.3 | 01:49:22 | 00:19:23 | 00:32:38 | |
| 336 | Ladis Velasco Alcañiz | | 0:13:15.8 | 01:41:04 | 00:17:32 | 00:30:48 | CENTRE EXC. COMARCA DEL BAGES |
| 156 | Lluís Vilardell Pons | | 0:13:16.1 | 01:46:38 | 00:17:14 | 00:30:30 | |
| 247 | Jose Francisco Gonzalez Rincon | | 0:13:16.2 | 01:45:25 | 00:17:15 | 00:30:31 | ATLETIC Cerdanyola |
| 257 | Abraham Noriega Pujol | | 0:13:17.2 | 01:40:09 | 00:17:05 | 00:30:22 | RESPECT RUNNERS |
| 291 | Robert Lopez Enriquez | | 0:13:17.7 | 01:40:53 | 00:16:14 | 00:29:32 | IMTEMPERIE-PROBIKE |
| 93 | Francesc Serra Carrera | | 0:13:17.7 | 01:43:23 | 00:17:31 | 00:30:49 | C.A. VIC |
| 130 | Javier López Garcia | | 0:13:18.0 | 01:40:49 | 00:17:37 | 00:30:55 | MOUNTAIN RUNNERS DEL BERGUEDA |
| 196 | Francesc Delis | | 0:13:19.2 | 01:44:39 | 00:19:01 | 00:32:20 | |
| 185 | Joaquim Mayoral Clapers | | 0:13:23.5 | 01:41:28 | 00:17:30 | 00:30:53 | ASS. ESP. DIEDRE |
| 170 | Manel Armengol I Vilàr | | 0:13:24.3 | 01:47:56 | 00:16:49 | 00:30:13 | |
| 318 | Jaume Morros Martinez | | 0:13:25.7 | 01:44:45 | 00:17:42 | 00:31:08 | C.E.LA LLACUNA |
| 66 | Robert Vallecillos Zamora | | 0:13:26.9 | 01:50:07 | 00:17:59 | 00:31:26 | |
| 99 | Oriol Delgado Catevilla | | 0:13:27.0 | 01:48:10 | 00:17:00 | 00:30:27 | |
| 287 | Xavi Caballol Anaya | | 0:13:27.7 | 01:49:01 | 00:18:06 | 00:31:34 | C.A. MANRESA |
| 273 | Daniel Osiàs Valverde | | 0:13:28.3 | 01:46:56 | 00:18:02 | 00:31:30 | |
| 133 | David Baena Puigbò | | 0:13:30.2 | 01:47:33 | 00:17:36 | 00:31:06 | ASS. ESP. DIEDRE |
| 37 | Josep Calduch Gros | | 0:13:30.9 | 01:58:24 | 00:19:30 | 00:33:01 | C.A. MANRESA |
| 23 | Jaume Juanola Victori | | 0:13:31.0 | 01:44:55 | 00:15:59 | 00:29:30 | C.A. MANRESA |
| 314 | Jose Martinez Sanchez | | 0:13:31.5 | 01:49:33 | 00:17:56 | 00:31:27 | |
| 205 | Joan Piqué Serra | | 0:13:31.7 | 01:45:26 | 00:17:30 | 00:31:02 | CORREDORS.CAT |
| 47 | Marc Aloy Guardia | | 0:13:32.0 | 01:45:25 | 00:17:31 | 00:31:03 | |
| 252 | Manel Ruiz Bravo | | 0:13:32.1 | 01:48:40 | 00:18:12 | 00:31:44 | C.A. MANRESA |
| 321 | Sergio Carrasco Catalan | | 0:13:32.5 | 01:47:54 | 00:18:46 | 00:32:19 | |
| 206 | German Garcia Casimiro | | 0:13:32.7 | 01:56:47 | 00:18:03 | 00:31:36 | |
| 72 | Marc Estrems Rius | | 0:13:34.4 | 01:48:48 | 00:17:50 | 00:31:25 | KOALA'S TEAM |
| 83 | Israel Planes Santamaria | | 0:13:37.3 | 01:50:11 | 00:18:16 | 00:31:53 | |
| 265 | Ramon Vilanova Cano | | 0:13:37.9 | 01:45:47 | 00:17:33 | 00:31:10 | |
| 234 | Joan Simon Pons | | 0:13:38.0 | 01:46:09 | 00:18:13 | 00:31:51 | PENYA BLAUGRANA DE SANTPEDOR |
| 64 | Robert Monros Vilalta | | 0:13:38.1 | 01:44:40 | 00:16:47 | 00:30:25 | CTRE EXCTA AVINYÓ |
| 22 | Josep Comas Closa | | 0:13:39.2 | 01:41:12 | 00:16:01 | 00:29:40 | C.A. MANRESA |
| 322 | Josep Vila González | | 0:13:39.4 | 01:50:04 | 00:18:42 | 00:32:22 | DIEDRE |
| 161 | Ramon Casals | | 0:13:41.9 | 01:48:35 | 00:18:01 | 00:31:43 | CLUB TRIATLO SABADELL |
| 271 | José Antonio Jiménez López | | 0:13:43.9 | 01:45:10 | 00:17:39 | 00:31:23 | |
| 36 | Carles Paz Torres | | 0:13:44.1 | 01:51:01 | 00:17:47 | 00:31:31 | |
| 197 | Nuria Camps Jaraba | F | 0:13:44.1 | 01:45:35 | 00:18:13 | 00:31:57 | |
| 263 | Miguel Paredes Araujo | | 0:13:44.7 | 01:45:33 | 00:18:17 | 00:32:02 | RUNNERSWORLD BCN. |
| 173 | Jordi Corrons I Boix | | 0:13:45.0 | 01:49:59 | 00:17:35 | 00:31:20 | C.A. MANRESA |
| 136 | Xavier Prat Cobo | | 0:13:45.3 | 01:50:28 | 00:17:54 | 00:31:40 | |
| 98 | Marc Abad Clarena | | 0:13:45.9 | 01:55:19 | 00:17:52 | 00:31:37 | VERTICRUNNERS |
| 339 | Enric Dillet Cama | | 0:13:46.1 | 01:45:53 | 00:18:08 | 00:31:55 | A.E. PALAFRUGELL |
| 179 | Francisco José Pérez Laffont | | 0:13:49.1 | 01:50:14 | 00:18:58 | 00:32:47 | |
| 307 | Lluís Reyes López | | 0:13:51.1 | 01:56:03 | 00:17:26 | 00:31:17 | |
| 295 | Júlia Pau Téllez | F | 0:13:52.2 | 01:47:11 | 00:18:25 | 00:32:17 | |
| 274 | Juan Antonio Balazote Villar | | 0:13:54.0 | 01:53:23 | 00:19:17 | 00:33:11 | |
| 255 | Josep Garcia | | 0:13:54.4 | 01:49:34 | 00:18:45 | 00:32:40 | CAO |
| 237 | Albert Tadeo Folch | | 0:13:54.5 | 01:47:22 | 00:18:48 | 00:32:42 | C.A. RUNNING |
| 191 | David Riu Bojons | | 0:13:54.5 | 01:51:31 | 00:18:29 | 00:32:23 | |
| 58 | Eric Prat Membrive | | 0:13:56.9 | 02:03:21 | 00:18:15 | 00:32:12 | |
| 24 | Toni Aljama Cuenca | | 0:13:56.9 | 01:54:50 | 00:19:50 | 00:33:47 | PENYA BONA VISTA |

| | | | | | | | |
|-----|----------------------------|---|-----------|----------|----------|----------|-----------------------------|
| 165 | David Ribas Sorolla | | 0:13:57.5 | 02:02:36 | 00:19:39 | 00:33:37 | CENTRE EXCURSIONISTA PREMIA |
| 157 | Josep Manel Pérez Abellan | | 0:13:58.3 | 01:56:12 | 00:18:47 | 00:32:45 | C.E.FARNERS |
| 26 | Josep Maria Freixa Planas | | 0:13:58.4 | 01:55:35 | 00:19:07 | 00:33:06 | |
| 334 | Sebastià Altimiras Badia | | 0:13:58.4 | 01:51:21 | 00:18:36 | 00:32:35 | |
| 207 | Jordi Homs Torras | | 0:14:00.8 | 01:53:29 | 00:18:36 | 00:32:37 | C.EXC.MONTSERRAT |
| 76 | Xesca Sala Farré | F | 0:14:00.9 | 01:56:41 | 00:19:55 | 00:33:56 | CE. OLÓ |
| 338 | Natalia Rakislova | F | 0:14:01.3 | 01:47:21 | 00:18:09 | 00:32:10 | C.A. TARRAGONA |
| 88 | Ismael Flores Campoy | | 0:14:01.4 | 01:56:55 | 00:19:11 | 00:33:12 | ASS. ESP. MOUNTAIN RUNNERS |
| 125 | Jaume Pares Esplugas | | 0:14:01.6 | 01:53:02 | 00:18:56 | 00:32:57 | PEÑA PARRIBA |
| 264 | Antoni Sánchez Mercader | | 0:14:01.6 | 01:52:48 | 00:18:39 | 00:32:41 | |
| 80 | Montserrat Vilaró | F | 0:14:01.9 | 01:50:17 | 00:19:14 | 00:33:16 | C.A. MANRESA |
| 73 | Lluc Bernades Alfaro | | 0:14:02.5 | 01:50:45 | 00:18:01 | 00:32:04 | |
| 81 | Lluís Teixidó Caballero | | 0:14:03.2 | 01:48:45 | 00:17:48 | 00:31:52 | |
| 332 | Oriol Ardèvol Bosch | | 0:14:03.6 | 01:48:15 | 00:17:45 | 00:31:49 | FEFA |
| 43 | Albert De La Rosa | | 0:14:04.3 | 01:56:50 | 00:18:11 | 00:32:15 | |
| 320 | Francesc Palomar | | 0:14:04.5 | 01:54:56 | 00:19:44 | 00:33:48 | |
| 132 | Carme Campoy Guerrero | F | 0:14:07.8 | 01:49:57 | 00:19:07 | 00:33:14 | C.A. MANRESA |
| 278 | Albert Garcia Gisbert | | 0:14:14.4 | 01:53:17 | 00:19:51 | 00:34:06 | CONVERGENCIA DEMOCRATICA |
| 349 | Jelle De Pot | | 0:14:14.6 | 02:13:05 | 00:19:27 | 00:33:41 | PINXU POWER |
| 171 | Sara Prat Escarré | F | 0:14:15.7 | 01:57:02 | 00:19:39 | 00:33:54 | MOUNTAIN RUNNERS |
| | Gyongy-Viola Pusok | F | 0:14:16.6 | 01:52:00 | 00:17:57 | 00:32:14 | |
| 137 | Oriol Vila Torras | | 0:14:23.6 | 01:52:22 | 00:17:46 | 00:32:09 | |
| 308 | Antoni Gardeñas Llorente | | 0:14:23.7 | 01:54:34 | 00:19:20 | 00:33:43 | |
| 202 | Jordi Reixachs Rovira | | 0:14:25.9 | 01:57:52 | 00:19:10 | 00:33:36 | UEC Anoia |
| 285 | Xevi Vallejo Serrano | | 0:14:27.7 | 01:56:36 | 00:19:02 | 00:33:30 | |
| 259 | Xavier Hidalgo Oliva | | 0:14:30.5 | 01:56:35 | 00:20:07 | 00:34:37 | OLIMPIC MANLLEU |
| 14 | Katherine Chaplin | F | 0:14:37.0 | 01:59:06 | 00:19:08 | 00:33:45 | ST LLORENÇ SAVALL |
| 232 | Quim Soley I Rimblas | | 0:14:39.7 | 01:57:08 | 00:18:53 | 00:33:33 | C.A. SENTMENAT |
| 235 | Jaime Gabernet Mañez | | 0:14:40.0 | 01:56:36 | 00:20:04 | 00:34:44 | |
| 42 | Jordi Llanas Cabrera | | 0:14:41.4 | 02:00:46 | 00:19:58 | 00:34:39 | COMELEC |
| 49 | Antonio Martin Cruz | | 0:14:42.1 | 01:59:49 | 00:20:09 | 00:34:51 | |
| 182 | Bònia Bruguera Vegara | F | 0:14:42.5 | 01:59:48 | 00:19:49 | 00:34:32 | C.A. VIC |
| 163 | Marc Sibila Vidal | | 0:14:43.7 | 01:56:19 | 00:20:25 | 00:35:09 | |
| 241 | Laia Abril Serra | F | 0:14:43.8 | | 00:19:59 | 00:34:42 | |
| 346 | Dolors Garcia Campos | F | 0:14:47.7 | 01:57:07 | 00:19:48 | 00:34:35 | ESTIVAL PARK SALOU |
| 94 | Marc Cases Guarc | | 0:14:50.4 | 02:05:32 | 00:19:50 | 00:34:41 | CENTRE EXCURSIONISTA ABRERA |
| 30 | Oscar Carretero Aliste | | 0:14:51.7 | 02:00:15 | 00:19:58 | 00:34:50 | |
| 127 | Jesus Garcia Ramirez | | 0:14:54.0 | 02:01:57 | 00:20:11 | 00:35:05 | J'ARRIBU |
| 18 | Jordi Comas Sala | | 0:14:55.1 | 01:56:44 | 00:20:12 | 00:35:07 | |
| 63 | Jordi Freixas Pellicer | | 0:14:55.9 | 02:00:58 | 00:21:20 | 00:36:16 | |
| 19 | Dolors Saavedra Vilchez | F | 0:14:56.9 | 02:04:18 | 00:21:06 | 00:36:03 | |
| 114 | Miguel Muñoz Palomo | | 0:15:07.3 | 02:14:48 | 00:19:55 | 00:35:02 | |
| 87 | Sergio Garcia Chaparro | | 0:15:07.6 | 02:01:53 | 00:20:51 | 00:35:59 | DYEDRE |
| 277 | Antonio Perez De La Vega | | 0:15:08.4 | 01:57:16 | 00:19:13 | 00:34:22 | AMICS DE LA CURSA D'ARTES |
| 261 | Juan Carlos Ruano Domenech | | 0:15:09.2 | 02:11:19 | 00:20:42 | 00:35:52 | |
| 51 | Amadeu Herrera Gomez | | 0:15:09.3 | 01:54:50 | 00:19:22 | 00:34:31 | 2X2 SANTPEDOR |
| 239 | Marc Sabata Castella | | 0:15:13.2 | 02:06:14 | 00:19:50 | 00:35:04 | 2X2 SANTPEDOR |
| 48 | Jordi Serra Flores | | 0:15:18.1 | 02:00:40 | 00:20:10 | 00:35:28 | |
| 142 | Ferran Pujol Farres | | 0:15:19.1 | 02:01:12 | 00:19:28 | 00:34:47 | |
| 341 | Lidia Pons Sellares | F | 0:15:19.4 | | 00:20:00 | 00:35:19 | |
| | Albert Noguera Boronat | | 0:15:22.1 | 01:58:03 | 00:19:53 | 00:35:15 | |
| 288 | Xavier Alsina Bueno | | 0:15:23.0 | 01:58:04 | 00:19:54 | 00:35:17 | C.A. MANRESA |
| 342 | Alicia Bofarull Castro | F | 0:15:23.4 | 02:09:50 | 00:20:18 | 00:35:42 | VERTICRUNNERS |
| 97 | Jordi Sert Sanpons | | 0:15:24.9 | 02:04:42 | 00:20:49 | 00:36:14 | |
| 122 | Santi Mateo Lanza | | 0:15:25.8 | 01:55:48 | 00:20:11 | 00:35:37 | |
| 344 | Ricard Bahí Alburquerque | | 0:15:26.5 | 01:58:51 | 00:20:08 | 00:35:35 | C.A. MANRESA |
| 319 | Pedro Garcia Garcia Ruiz | | 0:15:26.8 | 02:04:46 | 00:19:30 | 00:34:56 | |
| 176 | Antoni Codina Pedrero | | 0:15:29.4 | 02:06:04 | 00:19:56 | 00:35:25 | |
| 67 | Alba Junyent Prat | F | 0:15:35.4 | 02:06:32 | 00:20:19 | 00:35:55 | |
| 168 | Samuel López Castaño | | 0:15:38.2 | 02:09:06 | 00:21:07 | 00:36:45 | |
| 119 | Javier Sardiña Albas | | 0:16:00.6 | 02:09:19 | 00:20:55 | 00:36:55 | PEÑA PARRIBA |
| 174 | Carles Clusella Cobero | | 0:16:04.5 | 02:00:04 | 00:18:23 | 00:34:27 | C. E. 2X2 SANTPEDOR |
| 45 | Didac Jimenez Martinez | | 0:16:11.9 | 02:09:33 | 00:21:12 | 00:37:24 | |
| 316 | Rosa Dolset | F | 0:16:12.9 | | 00:22:54 | 00:39:07 | |
| 289 | Josep Pascual Catala | | 0:16:14.8 | 02:09:33 | 00:21:08 | 00:37:23 | |
| 78 | Eva Galvez Llaves | F | 0:16:18.9 | 02:17:08 | 00:22:20 | 00:38:39 | |
| 62 | Joan Gil Mas | | 0:16:40.8 | 02:11:51 | 00:23:40 | 00:40:20 | MUNTANYENC DE TERRASSA |
| 180 | Montserrat Rafart Boix | F | 0:16:48.8 | 02:15:51 | 00:21:38 | 00:38:26 | |
| 315 | Hipolit Moreno Llagostera | | 0:17:11.1 | | 00:22:56 | 00:40:07 | C. MUNTANYENC SANT CUGAT |
| 124 | Edgar Nebot Hernández | | 0:17:17.1 | 02:11:29 | 00:20:51 | 00:38:09 | 2X2 SANTPEDOR |

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|--|----------------------------|---|-----------|----------|----------|----------|---------------|
| 149 | Scott Andrew Baines | | 0:17:18.1 | 02:11:48 | 00:20:21 | 00:37:39 | |
| 188 | Pedro Valero Merlos | | 0:17:19.7 | 02:27:34 | 00:24:30 | 00:41:50 | |
| 123 | Marta Jovés Casaponsa | F | 0:17:23.9 | 02:11:29 | 00:20:50 | 00:38:14 | 2X2 SANTPEDOR |
| 203 | Silvia Fernandez Baños | F | 0:17:34.0 | | 00:24:22 | 00:41:56 | |
| 77 | Carles Pastor García | | 0:17:34.0 | 02:11:23 | 00:20:37 | 00:38:11 | |
| 290 | Sonia Sanchez Rubio | F | 0:18:17.0 | 02:13:31 | 00:21:35 | 00:39:52 | C.A. BORGES |
| 54 | Jordi Roy Torras | | 0:18:31.6 | 02:20:37 | 00:20:34 | 00:39:06 | C.A. MANRESA |
| 244 | Montserrat Subirana I Font | F | 0:21:07.6 | | 00:24:39 | 00:45:47 | XINO-XANO |
| 186 | Dolors Crispi Alsina | F | 0:21:22.4 | | 00:24:37 | 00:45:59 | XINO-XANO |
| 120 | Sergi Echegaray Sales | | 0:23:44.6 | | 00:19:51 | 00:43:36 | PARRIBA |
| Resultats per ChampionChip www.championchip.cat Data: 28/03/2010 Hora: 12:31:58 | | | | | | | |